

Distributed to Conington, the Giddings, Glatton, Holme, Upton, Winwick, & Sawtry

www.caresco.org.uk Price £1.00 (where bought)

No. 162 - Feb - March 23



SAWTRY SPRING SHOW

We Are Holding a Mini Spring Show – Just For Fun!

Saturday 25 March

at The Old School Hall 2 - 4pm

Free public admission. Raffle, refreshments.

Open to everyone

For full details see page 13







SAWTRY CARNIVAL COURT SELECTION EVENING

Friday 24 March

Starting at 7pm

at Sawtry Social Club, 10 Gidding Road, PE28 5TS

Disco and Raffle

All Welcome to Attend!



Sawtry Carnival 2023

Saturday 10 June

Theme: Circus

- A Carnival Queen (14 years and upwards)
- **1-2 Princesses** (9 13 years)
- A Rosebud (5 8years)
- Plus a Carnival Prince (5 years plus to be part of the Court on Sawtry Carnival Day only)



For more information or to enter please visit: www.sawtrycarnival.co.uk or email: Sawtrycarnivalcourt@gmail.com

If you are moving house, please leave a recent copy of Sawtry Eye for the new occupiers - Thank you



2023	Group	Details	Contact	Page
25 February	Sawtry & District Bowling Club	London Night	07903 841708	19
4 March	CARESCO	80s Disco	01487 832105	Front Page
24 March	Sawtry Carnival Committee	Carnival Court Selection Evening		Front Page
24 March	GEDC, CARESCO	Quiz Supper	01487 832105	13
1 April	Sawtry & District Bowling Club	Easter Bingo	07903 841708	19
6 April	Sawtry RBL	Easter Bingo	07864 296519	8
10 June	Sawtry Carnival Committee	Sawtry Carnival		6
1 - 2 July	Sawtry Colts	Sawtry Colts Tournament		19
7 - 13 August	Sawtry Light Factory	Children's Holiday Club	01487 830345	
3 September	Sawtry Walk to Run	Sawtry 10 Mile Road Race	07703 174937	15

ADVERTISE YOUR COMMUNITY EVENT HERE

If you would like to have a date considered for inclusion please email the details along with a contact number to sawtryeye@caresco.org.uk with the subject 'Make a Date' or phone us on 01487 832105 (answer phone outside office hours).

We reserve the right to decide which items to include.

CARESCO is not responsible for the accuracy of the above information.

Please check with the individual group concerned.



FILMS THROUGH THE YEARS QUIZ SHEET



On sale from 13 March

£1.00 PER COPY

Available from the CARESCO Charity Shop and the CARESCO Centre

All proceeds to support the work of CARESCO

Prize: Hamper of Goodies

Closing date: 4 May (may the fourth be with you!)

(FR) FUNDRAISING REGULATOR

CARESCO CHARITY SHOP



7 Greenways, Sawtry PE28 5UR 01487 208026

DONATIONS

OPENING HOURSMon - Fri:

9am - 4.30pm Saturday:

9am - 4pm

We continue to take donations via our booking system only.
Please telephone the shop between 10.00am & 4.00pm to book your donation slot.
We are sorry, but we are unable to accept any donations that are not pre-booked.



All proceeds go to help fund our services to the local community in and around Sawtry

The CARESCO Centre, Green End Road, Sawtry, Huntingdon, PE28 5UX 01487 832105 office@caresco.org.uk www.caresco.org.uk

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Sawtry Eye The CARESCO Centre Green End Road Sawtry, Huntingdon Cambs PE28 5UX

01487 832105

Please where possible, email articles & letters with the subject "For Sawtry Eye" and enclose full name and postal address to:

sawtryeye@caresco.org.uk

Past issues can be found at www.caresco.org.uk

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- All items are included at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.
- Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO.
- Readers may be offered a right to reply where this is considered appropriate.
- The editors cannot accept any liability for omissions, errors or mistakes which occur in production.

The full Editorial Policy is available from the CARESCO office or www.caresco.org.uk

For Issue No: 163 April - May 2023

Advertisements by

12 Noon on 10 March

News Items by

12 Noon on 17 March

Rates for Mono

Eighth Page: Landscape (6.5cm x 8.5cm) 1 Issue - £28.30

6 Issues - £141.50 Monthly SO - £12.40

Quarter Page: Portrait (13cm x 8.5cm)

1 Issue - £47.70 6 Issues - £238.50 Monthly SO - £20.80

Half Page: Landscape (13cm x 17.5cm)

1 Issue - £84.60 6 Issues - £423.00 Monthly SO - £37.00

Full Page: Portrait (17.5cm x 26cm)

1 Issue - £157.60 6 issues - £788.00 Monthly SO - £68.90

* All prices include VAT

For more information and prices for colour, contact the CARESCO office

Welcome...

Spring is in the air and the daffodils are coming up as I write. Hopefully as we all get

to enjoy some warmer weather and longer days, we'll be able to shake off all these colds and bugs that seem to have been hanging around for months

We're delighted that CARESCO has been given some funding by Hunts District Council to support health and well being within our local community.

Amongst other initiatives, some of this grant will enable us to include some additional useful information in the Sawtry Eye as we move through 2023. Do please let us know what you would find useful to read in future issues on these dedicated pages.

Be good to each other

Liz - Co-Editor



CARESCO

WE WERE BUSY IN 2022

meeting needs in our local community

You may recognise the name, but do you actually know what CARESCO does day-to-day?

Forty years ago we were set up to serve our local community and while how that looks has changed over the years, we're currently doing that via 11 different activities, each supporting a different group of people. You can find out more on our website, but as a snapshot of some of our work in 2022:

- 769 parcels were delivered by the Foodbank team supporting 1806 people
- 52 dinners were cooked and served at the Christmas Day Party
- 2734 Meals were served by the Green End Day Club team
- Our Car Scheme completed 241 journeys totalling 5925 miles
- Our Community Support team delivered 863 prescriptions & completed 64 shopping trips
- We printed 20,580 copies of the Sawtry Eye!

For more information please call 01487 832105 Email office@caresco.org.uk or visit www.caresco.org.uk



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SCHOOL TERM DATES

Spring Term 2023

Half Term - 13 to 17 February
End of term 31 March



Summer Term 2023
Start of term 17 April
Half Term - 29 May to 2 June
End of term 19 July

Autumn Term 2023
Start of term 1 September
Half Term - 23 to 27 October
End of term 20 December

<u>NB</u> Academies are responsible for setting their own holiday dates and may not match those set by Cambridgeshire County Council. Schools have a number of training days available to take in addition at their discretion. Please contact your local school for more details.

Information taken from www.cambridgeshire.gov.uk/education



HDC REFUSE COLLECTION

LANDFILL WASTE (GREY)

(Week Beginning) 6 & 20 February 6 & 20 March

GARDEN WASTE (GREEN) & RECYCLING (BLUE/GREEN)

(Week Beginning) 13 & 27 February 13 & 27 March

To find out your exact dates or for more information visit http://www.huntsdc.gov.uk



Your Kind of Music presents

'Stilton in Tune'

I am pleased to report that, despite the current financial situation, we will be continuing with our concerts next year. There is no event in January but we commence our 2023 programme in February, we sincerely hope that you can join us at some time:

Sunday 5 FebruaryTony StaceSunday 5 MarchDavid HarrildSunday 2 AprilLewis Scott

All shows commence at 2.30pm (doors open 1.45pm) at Stilton Pavilion, High Street, Stilton, PE3 7RA Finishes around 5pm with 30 minute refreshment break and raffle

Entrance £10 with refreshments included.

Support live music!

More details will be provided on Facebook pages for the area.

For further details please contact
Tony Oliver on 01480 474282 or 07918 602600
or email tony.oliver5@btinternet.com



SOUNDS GOOD

Come and join us for all things musical and the spoken word

We meet on the 2nd and 4th Fridays of the month, from 1.30 to 3pm At the CARESCO Centre

10 & 24 February 10 & 24 March



Please contact the CARESCO office on 01487 832105 for information

There is a charge of £2.00 per session, refreshments included

HOLME COMMUNITY SPEEDWATCH

It was a cold and frosty morning as the Speedwatch team set up their equipment thinking it would be a bit of a waste of time as surely no

one would be speeding in these conditions. How wrong they were! The first car past was going at 50 mph and the next one at 46 mph followed by 25% of the remaining through traffic exceeding the 30mph limit.

Sessions during December were hit by road works and bad weather but now we are starting the new year with a continuing determination to stamp out the speeding through our village.

We would respectfully ask everyone who drives through our village to observe our speed limits and try and make 2023 a safe and happy year for all our residents.

If you would like to join our team, please contact us and we can arrange your training with Cambridgeshire police and get you out there to join our campaign.

For further information please email csw.holme@btinternet.com

PLEASE SLOW DOWN THROUGH OUR VILLAGES



Saturday 25 February, 4.00 - 6.00pm Saturday 18 March, 4.00 - 6.00pm

At All Saints' Church, Church Causeway, Sawtry, PE28 5RD

Bible themed activities and crafts, story and song, followed by supper.

Messy Church is for all ages and families of all shapes and sizes!

If under 16, you will need to bring an adult with you

To find out more, contact Ali Scott childrensministry@allsaintssawtry.org.uk or go to our website www.allsaintssawtry.org.uk

Otherwise just turn up! No charge, but donations welcomed

We look forward to seeing you!

SAWTRY CAMERA CLUB

The Camera Club meets once a month, on the third Thursday of the month, at the Sawtry Social Club in Gidding Road, 7.30pm start.

The members have a variety and a wide range of different makes and types of cameras.

So if you would like to join us you might have a bridge camera or a small digital or maybe use the camera on your phone, it doesn't matter all are welcome. You must download your images to a USB stick.

If you would like to join us, please email me at sawtrycameraclub@gmail.com and each month you will be sent the subject title for the monthly meeting.

Looking forward to hearing from you.

Neville Diss

SAWTRY CRAFT BUDDIES

We meet every Thursday evening at Sawtry Social Club From 7 - 9pm



We are a small social group who love to craft. There are hot & cold drinks available to buy at the bar and excellent lighting for working in

Bring your own craft or just come for a chat



Any queries please contact Karena on 01487 830601



SAWTRY WI HALL Available for Hire

Gidding Road, Sawtry PE28 5TS

Regular or occasional events welcome

Recently refurbished, accessible, clean and bright kitchen, new fridge, microwave, outdoor space, excellent lighting,

Wi-Fi - Capacity 70

sawtrywihall@gmail.com Instagram: Sawtry WI Hall Sawtry WI Hall | Facebook

BOOK STALL AND COFFEE MORNING

At Winwick Church

Monthly, second Saturdays 11 February & 11 March

10.00 till 11.30am

The Church is open for everyone to come along and enjoy a cup of coffee and cake and browse our extensive supply of second-hand books

Donations invited in exchange for the above Proceeds to go to the Church



For more information please contact :

Sue Fowler 01832 293215



CHATTERBOX

Drop-in sessions for family carers

A friendly drop-in where you can get help.



Chat & relax over a cuppa. **Guest speakers** & Carers Assessments

Every 2nd & 4th Monday between 2.15 - 4.15pm

> Come and join us 13 & 27 February 13 & 27 March

At the CARESCO Centre. Green End Road, Sawtry, PE28 5UX

For more information email: office@caresco.org.uk or call the **CARESCO Office** 01487 832105



Saturday 10 June

MOTHER'S DAY RUNAWAYS

Sunday 19 March At All Saints Church, starting at 2pm



A space for those who find Mothering Sunday difficult, offering a safe space to pray, be still and be reminded that you're not alone.

Drop in to light a candle, say a prayer, talk to someone and enjoy a fresh coffee and slice of cake

There will be a short reflective service at 3:30pm

SAWTRY STEPPERS MODERN & TRADITIONAL LINE DANCE CLASSES

This style of dancing is suitable for all ages and fitness-levels, bringing with it physical and mental benefits and is a great way of making new friends.

I am a dance Instructor and Choreographer with 25 years experience and a member of the Best Western Dance Academy.

I run classes for Beginners, Improvers and Intermediates in the Old School Hall, Sawtry and Glatton Village Hall. I organise socials and holidays for my dancers and am available to teach at events.



For more information contact Julie Gillmore On 07939 070 406 Jcgillmore@sky.com Or ask to join Sawtry Steppers on Facebook

CELEBRATING THE HISTORY OF ST GILES - HOLME Saturday 11 March 2 - 4:30pm

followed by a service of BCP Evening Prayer at 4:30pm

Join us as we look through the past, explore the church's rich history.

Cakes and Refreshments are available throughout





TREE OF LIGHT

Thank you very much to everyone who took the time to write on a wooden heart for a loved one in December. I had the great pleasure of placing them on the Sawtry village tree and the messages were very loving and heartfelt. We also had two signs painted and made for us by our Cavers and they looked fabulous alongside the tree.

The village tree looked amazing and all the twinkling lights certainly made you feel very festive. It was a perfect backdrop to the carol service in December outside The Greystones and it was

lovely to hear people singing. We would like to thank the Sawtry Parish Council for their help and support with putting the hearts and signs up.

Jacqui, Fundraising Manager, CARESCO Contact Jacqui on 07599 987168 or email fundraising@caresco.org.uk www.caresco.org.uk



THE ROYAL BRITISH LEGION SAWTRY & DISTRICT BRANCH

The Royal British Legion supports our Armed Forces community, including servina ex-serving personnel and their families.

The Sawtry & District Branch meets on the first Monday of each month in the Sawtry Social Club at 7:30pm. We are in need of new active members to keep our Branch going. The village is full of serving military personnel and veterans and we would really love to meet you and chat. You do not have to have served to be a member; we would welcome all those interested to join. So please come along, or you can contact us, details below.

Events:

- **RBL Annual Team Quiz Night** Friday 17 February (Invite only).
- **RBL Easter Bingo** Thursday 6 April at Sawtry Social Club

Poppy Appeal

The 2021 Poppy Appeal closed in October with a total of £8065.80 being raised. The 2022 Remembrance Tide Poppy Appeal went well with a total of £7808.76 being raised by our collectors and stalls in the villages over the two-week period. The 2022 Poppy Appeal total now stands at £9,243.49. Thank you for all your donations.

For more information, please email: Sawtry.secretary@rbl.community, visit our Facebook page: Sawtry RBL call Billy on 07864296519 or you can visit www.britishlegion.org.uk/



LITTLE SAINTS

Every Thursday in term time



9 - 10:30am (doors open 8:30am) **Methodist Church Hall,** Green End Road, Sawtry, PE28 5UX

A safe play space to enjoy adventures with 0 - 5 year old's and all those who care for them.

expect: each session you can Bible Themed Crafts, Story-time, Refreshments, Singing, Prayer and lots of fun!

If you care for a little one as a parent, grandparent, carer or childminder, come along and join the fun.

£2 donation per family

For more information please contact Alex Dyball <u>littlesaintssawtry@gmail.com</u> or call 01487 506217

ARMED FORCES & VETERANS BREAKFAST CLUBS SAWTRY

www.afvbc.NET

Welcome to the Sawtry Armed Forces & Veterans Breakfast Club.
We are a group of veterans and serving members of His Majesty's Armed Forces and part of a growing network of Breakfast Clubs in the UK and Worldwide.

There are no commitments or subs, just pay for your breakfast.

So come to a great place and meet like-minded people for support, chat and banter.

Our Breakfast Club meets

Every 2nd Saturday morning from 09.45

at The Greystones Public House, Sawtry

Interested? Then please register on our Facebook group Sawtry Armed Forces & Veterans Breakfast Club

(https://www.facebook.com/groups/afvbc.sawtry) or

Email <u>sawtry.AFVBC@Gmail.com</u>









the Winspiring women

HOLME WI

Our December meeting started with glasses of alcoholic (or non-alcoholic) fizz, it's seems a while ago now. One of our

members, Norma, gave us a demonstration how to ice a Christmas cake with fondant icing and creating decorations of holly and berries. The finishing touch of spray glitter made the cake look very festive and sparkly. There were lots of gadgets and tools used to create the decorations. It

was then our turn to decorate cup cakes with Christmas leaves and snowflakes. Norma gave us a lovely demonstration and is a fount of knowledge with lots of tips and tricks to get the right finish. We then tucked into Christmas treats and a cup of tea.



We don't hold a meeting in January but we do meet up at the local pub for an annual WI meal. We use this as a good excuse to catch up with members and hear their news.

We meet on the first Thursday of each month, anyone interested in seeing what we get up to do come along to Holme Village Hall, we open our meeting at 7.30pm.

Anyone wishing to contact us please email: wlholmevillage@gmail.com or call 07711 224437 (evenings)

Alison McGuinness, President

WANTED



We are looking to recruit two new Sawtry Eye Distributors for (1) Judith Gardens Estate (off Gidding Road, Sawtry)

(2) Holme village

Please contact the CARESCO office for more details

sawtryeye@caresco.org.uk or call 01487 832105

www.caresco.org.uk



CARESCO

per copy

CHURCHES TOGETHER

LENT STUDY SERIES

Based on the film Chocolat

FILM NIGHT

Sunday 26 February at 7pm At All Saints, Church Causeway, Sawtry

STUDY SESSIONS:

At Sawtry Methodist Church on

- 28 February
- 7 March
- 14 March
- 28 March
- 4 April





For more info, contact one of the clergy. Details on pages 18 & 19



SAWTRY FOODBANK

In 2022, we gave out 769 food parcels which helped 1806 local people. During the Christmas scheme in 2022, we gave out 440 bags of food to help 241 local people.

Thank you to everyone in the community and local businesses too, who gave donations to support the Foodbank, during a difficult year. These donations make a big difference to those who need food support and we could not operate the Foodbank without these kind donations.

To contact the Foodbank team, please call 07743 593863, or email CARESCI foodbank@caresco.org.uk

THE ROYAL BRITISH LEGION

SAWTRY & DISTRICT BRANCH

At Sawtry Social Club, Gidding Road, PE28 5TS

EASTER BINGO



Thursday 6 April Eyes Down 7.30pm



All Welcome **Profits to Sawtry Branch** Registered Charity No: 219279



CHRISTMAS DAY PARTY

A Really big Thank You to all the team at the CARESCO Christmas Day Party. We had a wonderful meal with drinks and chocs after. We all received a present from Santa himself and were given a goodie bag to bring home with us. We were waited on by some really lovely people and didn't have to do a thing. We heard the King's speech and had a few games and a sing song. Everyone worked so hard.

Everyone did such a wonderful job. THANK YOU.

Ann and Tonv

A big thank you to see those who helped to provide a wonderful lunch & entertainment on Christmas Day - not to mention a "doggy bag" of treats to take home!

With very best wishes to you all.

Jovce

For more information call CARESCO 01487 832105



HOLME YOUTH CLUB

Youth Club is in full swing again now after the Christmas break. Unfortunately, we have had to turn some members away as we were oversubscribed for the evening. It's nice to know we are so popular and we will do our best to increase the number of supervisors so we can take them. We look forward to a happy and exciting year for our members.

Holme Youth Club is open to school years 5 - 10 who live in Holme village, or attend or have attended Holme School. If you meet this criteria and would like further information, please go to our Facebook page, website or email us.

We meet from 6.30 - 8.30 on a term-time Friday in Holme Village Hall and a warm welcome will be given to all new members and any adults who would like to come along and offer their assistance as supervisors who would do a duty every half term.

For further information please consult our Facebook page @HolmeYouth or website Holmeyouthclub.co.uk or email holmeyouthclub@outlook.com



Renee Mitcham

CARESCO CAVE

We are a 'Warm Space', open Monday, Tuesday and Thursday 9.00am to 1.00pm. Please come along for a coffee and chat. See the projects and repairs we are working on at present. Do you have a project you want some help with?

Everybody is welcome, male or female. We are a happy crew and welcome new members.

We replace watch batteries and carry out PAT testing. The price will increase to £3 per item, for the above, from Wednesday 1 February and will be reviewed annually.

Contact us by calling 07851 803482 and CARESCO leaving a message, or pop in during one of our sessions to speak to us.





SAWTRY HISTORY SOCIETY

The subject of our November meeting was The Wartime Kitchen, cooking on rationing in WW2, the talk was presented by Chris Carr, local Historian and Re-enactor who has appeared on Channel 4 with Hugh Dennis on the Great British Dig.

The large audience enjoyed a full evening covering all the rules and amount of staple foods allowed, which had regional variations. There were schemes to feed pigs and ways to fiddle the number kept. We were able to look at recipes that were produced using powdered egg etc. Chris had cooked a cake and cheesy biscuits, which were my favourite to sample.

We now have a programme planned to the middle of the year

16 February Clive Beeke The Great Whyte Tunnels in Ramsey

16 March

James Fairburn Buckden The Internationally Significant Anglo-Saxon Settlement

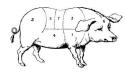
and The First Palace for the Bishop of Ely

Stuart Orme Local Links to the Sinking of the Titanic in April 1912 20 April 18 May Chris Carr What The Romans Did For Us... In The Kitchen

17 June History Tour of Cromwell Museum and Courtroom

Please visit our website www.sawtryhistorysociety.co.uk where you can read our local history articles. There is also a link to our archaeology page, and you can follow us on Facebook.

We are now opening the Archive on the Saturday following our Thursday meetings, in the Community Centre access via the library from 9:30am to 12:30pm. All are welcome, search census records and view old documents relating to our area.



The History Society meet at 7:30pm on the third Thursday of the month in the Methodist Church, 9 Green End Road, PE28 5UX.

For info call Chris Merton 01487 831441 - www.sawtryhistorysociety.co.uk



Huntingdonshire Local Group

Barren or Buzzing? The Value of Brownfield Sites on Wednesday 8 February at 7,30pm

This intriguing talk will explore some of the Brownfield site of Cambridgeshire and look at their fauna and flora, asking why they are so good for wildlife. Our speakers will be Sarah Lambert and Peter Kirby who are Ecological Consultants and long standing supporters of the Wildlife Trust.

Biodiversity For All on Wednesday 8 March at 7.30pm

As the first Green Party Councillor for Huntingdonshire District Council, Lara Davenport-Ray will speak to us about the Council's 'Biodiversity For All' project. Lara is the lead for Climate and the Environment and will explain how she plans to engage the community, parish councils and other landowners to take fast, direct action to deliver more biodiversity in our area.

Meetings are held at Brampton Memorial Hall, Thrapston Road, PE28 4TB - Admission charge £3.50. For more information please contact George on 01480 450809 or george.cottam@virginmedia.com.

Everyone is most welcome to attend

Part of the Wildlife Trust for Bedfordshire, Cambridgeshire and Northamptonshire Registered Charity No: 1000412

QUINTUPLICATION - PART THIRTEEN DIVERSIFICATION

In early days there were plenty of pubs in Sawtry. Over seven I'm told. But, by 1963, we were down to three. The Chequers by the Green was real old style: just a dark room and you sat around on benches. It was next door to Sigger's Stores, equally old style, and Trevor Garratt's petrol pumps (five bob a gallon). To reach the Royal Oak you had to walk across the North Road. With the village growth, both these pubs went, but then, thanks to local enterprise, Greystones the house became Greystones the pub.





Pubs may have been declining but village expansion saw growth in a wide range of other facilities. As noted in earlier articles, youth had thriving clubs. Scouts (1968) grew and flourished, as did Cubs, Guides and Brownies. There was a branch of Air Cadets (1975) and the ATC. Football teams expanded and there was a lively Tennis Club. Soon the Nursery School (1967) was joined by a Playgroup (1973), housed in the redundant telephone exchange on Fen Lane. All this when Sawtry was still only about two thousand people. So, newcomers did not need to think of Sawtry as the 'Back of Bevond'!

From 1965 there was an indoor swimming pool, open to all. By 1980, inter-agency co-operation enabled the development of a duel-use sports

field and a bowling green. Thanks to the Parish Council, there was St Judith's recreation field, allotments, play areas for different ages, and a network of footpaths. Less well known was their Major Emergency Committee. In this time of 'Cold War' they quietly trained up, ready for the worst (Cruise missiles at Molesworth?). Later, this team work was kept on so as to be alert for serious flooding or any major trouble on the A1. John Major commended us for this wise move, setting a national example. Beating our swords into ploughshares, so to speak.

Councils don't have to limit themselves to street lighting and bus shelters. Ours formed a *Church and State Committee* to organise festivals like the Feast Parade, the Carols on the Green and the development of a new burial ground. Then there was a *Health and Welfare Committee* that supported the Doctors and campaigned for good facilities including '*Hospital at Home*' (1980, 40 years ahead if its time). Then, while Sawtry quietly **quintriplicated**, the Parish Council purchased the Old School Hall on Green End Road to become another busy centre for activity.

Towards the end of this 30 years (1963 - 1993), they also developed its outdoor partner, Greenfields, the sports field, pavilion and lake across the A1. All being very much the product of local labour and initiative.

So, how diverse can you get?

Maurice Dybeck

Former Sawtry resident and first Warden at Sawtry Community College

Pictures: Top right, Royal Oak, (demolished 1996),

Left, Greystones,

Bottom right, The Chequers

Credit: sawtry.ccan.co.uk



SAWTRY WI

Charity number 229016

Sawtry WI is accepting new members and welcomes all women of any age or background to our monthly members meetings held on the first Thursday of each month. We have speakers INSPIRING WOMEN on a variety of topics, friendship, fun and cake! Contact us if you would like to come as our guest free and you will be given a warm welcome. Please ask if you would like a copy of our programme. All WI members have access to a variety of benefits including monthly magazine, newsletters, outings, activities, annual party, online college of learning with speakers and crafts, events at WI Centre in Huntingdon and Virtual events via Zoom.

We continue to hold the following social groups which are open to anyone in the community to join or drop in for a cuppa and chat: Weekly Knit and Knatter group, Monthly daytime Sewing, Patchwork and Quilting group, Monthly Evening Tea, Craft and Chat group.

Sawtry WI has been providing 'Warm Spaces' in partnership with All Saints Parish Church. Our Warm Spaces are open to anyone in the community on the third Tuesday of each month 3.15 - 6.15pm and on the first Saturday of each month 12 - 3pm at WI Hall, Gidding Road, Sawtry PE28 5TS. You will receive a warm welcome, food and drink, toys for pre-school children, jigsaw, board games and other activities all at no cost. At each session, there will be someone to signpost you if you need access to services and a representative of the Parish Council will be available for part of the time. We have also invited representatives of other organisations. Warm Spaces at Sawtry WI Hall has been made possible by funding from Sawtry Parish Council, Huntingdonshire District Council, generous local businesses and volunteer contributions.

Sawtry WI meetings are held on the first Thursday of each month, 7pm at our WI Hall, Gidding Road, Sawtry, PE28 5TS

Jacqui Svensson, President

For further information contact Jacqui 07841 647345 or Rosemary 01487 830243 Email: sawtrywi@gmail.com Instagram: Sawtry WI Sawtry WI | Facebook

NEWS FROM SAWTRY LIBRARY

Sawtry Library offers a range of services and activities. You can use our free pcs to access the internet and you can print and photocopy for a small charge. For children we run regular sing-along sessions as well as a Lego Club. Along with a wide range of books in the library you can also use your free library account to access e-books, e-audio, newspapers, magazines and reference databases such as Encyclopaedia Britannica. You can also research your family history for free with Ancestry.com.

Dragon Crafts - Wednesday 15 February 10.30am - 12.00pm

Get all fired up with our dragon crafts at Sawtry Library. Make a dragon puppet and a dragon that breathes fire!

£1 per child. Booking Essential.

World Book Day Scavenger Hunt - Tuesday 28 February - Saturday 4 March

During the week of World Book Day come and join in our scavenger hunt in Sawtry Library. FREE drop in event during library opening hours.

Hungry Caterpillar Storytime- Wednesday 15 March 2.00 - 2.45pm

Are you hungry for stories? Then come along to our special Hungry Caterpillar storytime and crafts. FREE drop in event for children under 5.

Rhymetime - Wednesdays 10.30 - 11.00am (term-time only)

Come and join in with some popular songs and rhymes at our weekly Rhymetime sessions for children under 5. FREE drop in event.

Lego Club - every Saturday morning from 10.00am - 12.00pm

Get creative and constructive at our Lego Club. Drop in anytime throughout the Saturday session, Suitable for children aged 4+, 50p donation appreciated.

Bus Pass Assistance

Is your Bus Pass up for renewal? Do you need to apply for your first Bus Pass? If so, pop into Sawtry Library and staff there will be happy to help you complete the online application form.

Social Media

Please look at our social media pages for information, updates and events. You can find us on Facebook by searching for 'Cambridgeshire Libraries' and on Twitter we are @cambslib.

Opening Times

Monday Closed

Tuesday 3.00pm - 7.00pm

Wednesday 10.00am - 1.00pm; 2.00pm - 5.00pm

Thursday Closed

Friday 3.00pm - 5.00pm Saturday 9.30am - 12.30pm Paul Smith,

District Library Assistant, Huntingdon, Yaxley and Sawtry Libraries



THANK YOU SAWTRY

Our village is such a wonderful and safe place to live. It's been 15 years since my family and I first moved to Sawtry. In my time here I've had the privilege to serve at times on the Carnival committee and the Parish Council.

Three years ago I disclosed that I was transgender, and despite my deepest fears, the people of Sawtry have exhibited nothing but kindness and acceptance. This has made me and my family feel very safe. So I want to say a big thank you to Sawtry.

I've known since I was a child that being transgender is not a choice. The only choice is between hiding it or disclosing it. In my case, through fear of disclosure, I chose to hide it. That caused me decades of mental health difficulties and chronic depression. After finally asking for help, I learned that being transgender is a natural condition, is globally more common than having red hair, and that there are a well understood treatment guidelines for people with my condition. My disclosure and ongoing transition are stages in my treatment plan.

I'm so happy that, despite the continuous media disinformation against transgender people, the people of Sawtry treat me just like any other neighbour. As I continue my transition I feel safe in the knowledge that Sawtry has accepted my existence. Because of your kindness I am able to live without fear and have much improved mental health. And I'm so much happier for it.

Thank you Sawtry.

Ms Austyn Bambrook

SAWTRY INDOOR BOWLING CLUB

Tuesdays 2 - 4pm

in Sawtry Methodist Church Hall, 9 Green End Road, Sawtry, PE28 5UX

Have you tried indoor bowling? Come and have a go. We are open to new members, no experience necessary!

For more information contact Dorothy on 07565 543189



CHRISTMAS Quiz Sheet

Congratulations to our winner Liza.

Thank you to everyone that supported our recent quiz sheet and look out for our next quiz, details on page 2.

All proceeds to support the work of CARESCO





SAWTRY INFANT SCHOOL

The children have come back into school after the Christmas holidays well rested and energised for the term ahead. Already the excitement has started! Y2 have had a 'Space Day' during which they got to explore the planetarium, learn about all the planets, build and test their own rockets, draw star constellations, taste space food... and more! In the children's words it was 'the best day ever!'

Y1 have had a 'Dinosaur Day' which involved them completing a fossil hunt with a palaeontologist and finding out more about how dinosaurs lived.

We have got lots of celebrations this term including Chinese New Year, Shrove Tuesday and Easter. Our staff have got lots of fun things planned to mark these special occasions which we can't wait to share next time.

It won't be long until we begin our programme of events for our new intake of children. Once you have been offered a place at our lovely school, please look out for a welcome pack containing all the information you need to know about your child starting with us. These should be with you by the end of April.

We are always looking for community volunteers to work with our school so if you are at all able to spare an hour or two please let the school office know by getting in touch.

Yasmine Trace, Deputy Head Teacher

Contact us on 01478 830678, or just pop in and talk to someone in the office.





'A cord of three strands is not easily broken.' Ecclesiastes 4:12 Inspiring a love of learning through the bonds of **family**, **faith** and **friendship**.

FOLKSWORTH CHURCH OF ENGLAND PRIMARY SCHOOL IS A GOOD SCHOOL!

At Folksworth Church of England Primary School we are proud to have maintained a good Ofsted judgement at our most recent inspection.

The busy Autumn term was already well underway when we were visited by Ofsted at the beginning of November. We are pleased to say that the school received a GOOD judgement in all areas. The inspection team spent two days at our school observing lessons, looking at children's work and speaking to members of our school community. We were delighted that the inspectors identified the family ethos that we pride and is the underpinning of everything we do.

The teaching staff have been working hard to design and implement a tailor-made curriculum for the children based upon inspiring a love of reading. We are exceptionally proud of our pupils and the close links we have with our families.

This Spring term we are looking forward to celebrating and giving thanks for our school having been established on a Christian foundation 150 years ago. Our Victorian trust deed gifts a parcel of land for the education of all children in and around Folksworth. We are very proud of our past heritage and intend to continue to be true to our school vision - inspiring a life - long love of learning enabling everyone to flourish through the bonds of family faith and friendship.

If you would like to join our Folksworth family we welcome visits to the school. We currently have limited spaces in our Reception, Key Stage 1 and Upper Key Stage 2 classes.

Tel: 01733 240562

www.folksworth.cambs.sch.uk

Are you engaged? Getting married soon?



Join us for

Marriage By Design' Saturday 18 March

10am - 4pm Greystones Pub, Sawtry

Couples are invited to join us for this FREE fun, informative and highly recommended one-day course.

It's an opportunity for you to invest in one another and your marriage, not just the wedding day.

There is no group work, just some great input, time to talk with each other, delicious lunch and refreshments throughout.

To book a place or for more info, scan the QR code below.





MEN UNITED IN SONG

Supporting Prostate Cancer UK – launching March 2023!



New Year, same old? Why not mix things up and try something new? Be part of *Men United in Song* 2023, supporting Prostate Cancer UK!

Launching in March, the popular pop-up singing project will give another 40-plus local men the opportunity to get involved and do something really worthwhile... and YOU could be one of them!

Working over nine weeks towards a fantastic live performance at Peterborough Cathedral in May, you'll learn to sing, meet new people, challenge yourself, perform live on stage AND raise money for a much-loved charity – what's not to like?

No previous experience is necessary, just a willingness to step outside your comfort zone, get stuck in and give it a go... everyone's in the same boat, and it's all about the journey!

Men United in Song kicks off with introduction sessions on Thursday 2 March (6.30 - 10pm) and Friday 3 March (6.30 - 10pm) when you can meet the team and some of the other men who'll be taking part. This is NOT an audition and there's no big red buzzer, just an opportunity to find out more and get involved - contact us TODAY to book your time slot!

Men United in Song introductory sessions will be at the John Mansfield Campus PE1 4HX on Thursday 2 and Friday 3 March (6.30 - 10pm), please register first for your timeslot.

Men United in Song rehearsals will be at the John Mansfield Campus PE1 4HX from 7.45pm on Thursday evenings, starting on Thursday 9 March.

The *Men United in Song* charity event will be at Peterborough Cathedral at 7.30pm on Friday 5 May.

For further information or to register for one of our introduction sessions visit peterboroughsings.org.uk, email menunited@peterboroughsings.org.uk or call 01733 425194

AN EYE ON NATURE

While on an early morning walk to St Judith's Field last December, I noticed lots of fresh tracks in the mud. It had rained heavily in the night which had brought down soil from High Holborn Hill arable field. This had covered up the previous day's dog and cat paw prints. What was most noticeable was the number and variety of wild animal tracks indicating the overnight activity.

We share our village with wildlife which is too timid to venture out by day. Under the cover of darkness, these animals emerge and takeover as the night shift. It is in winter when signs of our 'neighbours' are most visible, but it can take a trained eye to pick up the clues. As if by magic, another world reveals itself, as it did for me.

Joining training days offered from the Beds & Cambs Badger Group and the Wildlife Trust, I learned to look for and identify animal footprints. Other signs, such as animals' tracks, badger homes (setts) and rabbit warrens revealed themselves. Sometimes we share paths, others wild animals have created with their own places to go. A dead giveaway is where a well-worn track dives under a thorn thicket or bramble patch. Paths which go under barbed wire fences are particularly good, as hair can get pulled out of animals' coats.

Badger hair has a particular feel when rolled between finger and thumb because it is flattened, not round. It also has alternating dark and light bands giving their coats that distinctive colour. Badgers also leave a very distinctive D-shape in the bottom of chicken wire fences which they have forced up to gain access to the other side.

Returning to my walk in December, I saw the best badger paw prints for a long time, with the distinct five-toe pads and claw marks. The animal had probably come down from a nearby sett I know and may use the path regularly. There were also clearly identifiable deep prints (slots) from a muntjac adult and fawn, and also a much bigger roe deer. It was fascinating to know just how close we live to our nocturnal wildlife.

To enhance your own winter walks, there are books specifically written on identifying tracks and signs. The Wildlife Trust also run occasional courses on mammal identification and what to look for.

Martin Baker

The views expressed in this article are solely those of the author

For more information on our local wildlife, contact the Wildlife Trust:

Phone 01954 713543, or visit www.wildlifebcn.org



CARESCO DEBATING SOCIETY

Structured discussions on the issues of the day



Join us on Wednesday 8 March CARESCO's first debate group

2.15pm till 3.15pm at the CARESCO Centre, Green End Road, Sawtry, PE28 5UX

Open to anyone with relevant interests who would like to explore an interesting and challenging activity with others. £2 per session to help towards costs. Includes refreshments.

TOPIC:

Rewilding is the way forward for gardeners

Credit cards are more harmful than debit cards.

Email: office@caresco.org.uk Tel: 01487 832105 www.caresco.org.uk







QUIZ SUPPER

Friday 24 March from 7.00pm

Teams of 4 - 6 people In the CARESCO Centre off Green End Road, Sawtry, PE28 5UX

Tickets £10.00

(Per person, to include a hot supper) Bring your own drink & glasses

All proceeds to the GEDC



To book your tickets, contact the CARESCO Office on 01487 832105 or email

office@caresco.org.uk



SAWTRY SPRING SHOW

We Are Holding a Mini Spring Show – Just For Fun!

On Saturday 25 March

at The Old School Hall 2 - 4pm

Free public admission

Raffle, refreshments



** The Full Schedule For The September Show Will Be Available **

Mini Show Classes – up to THREE entries per exhibitor per class

Cut flowers and pot plants (must be grown by the exhibitor)

- 1. 3 stems daffodils/narcissi
- 2. 3 stems multi bloom daffodils/narcissi
- 3. 3 stems polyanthus (multiple blooms on a single stem)
- 4. 3 stems primrose (single flower on a single stem)
- 5. 3 stems pansies

- 6. Vase of 3 different flowers, one stem of each
- 7. Vase of 6 stems of flowering shrubs, any varieties
- 9. Foliage pot plant
- 10. Cactus or succulent

Flower arranging

(flowers may be bought)

- 11. Table arrangement of spring flowers
- 12. Miniature arrangement of Spring flowers in an egg cup

Junior Classes (To be judged in three age groups: Preschool, School Years 1 - 2 and Years 3 - 6)

- 15. A decorated Easter bonnet
- 16. A decorated hard-boiled hen's egg
- 17. A drawing or painting of a Spring flower

- 8. Flowering pot plant

Cookery

13. A celebratory chocolate cake decorated for Easter

Crafts

14. Any piece of craftwork on a Spring theme

School Years 7 +

- 18. 3 flowers made from recycled materials
- 19. A home-made greetings card on a Spring theme
- 20. At least one decorated biscuit for Easter (biscuits may be bought)

Open to everyone. Classes 1 - 14 are open to all ages including children. No pre-show registration and no entry fees required. Entries to be bought to the Schoolroom at the Old School Hall on the morning of the Show between 10 - 11am. Jars and vases will be provided for Classes 1 - 7. Names will not be disclosed to the judges. The hall will be closed at 11am for judging and reopen at 2pm. No trophies will be awarded but certificates and small prizes will be awarded in each class. Exhibits must be cleared after 4pm. Any not claimed may be sold for Show funds.

For more info contact us on Facebook "The Sawtry Show".

Carolyn Watts Chairman -- Watts204@hotmail.com

SAWTRY PARISH COUNCIL

The Parish Council office is situated at 37 Green End Road and is open to the public Monday – Friday 9am – 1pm www.sawtry-pc.gov.uk
Tel 01487 831771 email clerk@sawtry-pc.gov.uk or admin@sawtry-pc.gov.uk

We would like to express our appreciation to Ross Martin who stood down as Chairman and Councillor in December for all his hard work and dedication to the role. Also, to Rolly Laxton who retired in July after many years as a Councillor. In recent months we have welcomed Julie Morgan. Tracey Bingham, Ron Thompson and James Gillespie but we still have two vacancies available – please contact the office for details.

Cllr Tuplin has been elected to fill the vacancy of Chairman.

We continue to engage with parishioners and work towards improving our village. All our meetings are open to the public, alternatively email or call in to the office.

Project Updates

- St Andrew's cemetery drainage work is with the neighbouring landowner to approve final plans.
- Greenfields plans to improve and develop the facilities are being drawn up.
- Gidding Road crossing this jointly funded project has been delayed by the County Council.
- St Judith's Field work is planned to make this more accessible and increase the facilities available.

The Old School continues to be well used by a variety of local groups and organisations with some space left for other hirers - contact the office or email admin@sawtry-pc.gov.uk

WELLSIDE SURGERY NEWS

Access to Appointments

As the media has long been reporting, NHS services (this applies equally to general practices and hospitals) are experiencing unprecedented levels of demand at the moment. Unfortunately, we are no exception to this. As a result



we are having to make increased use of the additional/alternative services that are available to us. When you call our appointments line our reception team will ask you for a brief outline of your problem. This will help them to establish the clinician/service that is best placed to help you. This might be an appointment with any one of the following:

- Nursing Team or Healthcare Assistant
- Clinical Pharmacist or Pharmacy Technician (medication reviews/queries)
- First Contact Physiotherapist (musculoskeletal problems)
- GP or Nurse based in one of our local extended access hubs this could be a face to face or telephone consultation depending upon the nature of your problem
- Practice GP if your problem is urgent you will be given an on the day appointment, for routine matters you may be offered a pre-booked appointment within the next 4 weeks.

Repeat Prescriptions

As many of you will already be aware, we have recently had to close our practice dispensary. As a result, we no longer have a dispensary team to manage the repeat prescription requests coming into the practice. For considerable years now we have operated on a request turnaround time of 48 hours (2 working days). Please be aware that as of 1 March our turnaround will be reverting to our contractual requirement of 72 hours (3 working days). Please bear this in mind when submitting your request.

If you are not already placing your repeat medication requests online we would ask you to consider doing so if you are able to. This may result in a quicker turnaround time, reduces the possibility of errors and provides a fully auditable trail in the event of any queries. You can place your orders via the NHS App or see our reception team for an application form.

Practice Closure - Afternoon of Wednesday 8 March

The practice will be closed from 1pm on Wednesday 8 March for a team training event. During this time we will provide cover for emergency GP care only. If you need to access emergency GP care during this period please call 01487 830340. We will open at 8am on the Thursday morning as per usual.

Flu Vaccinations

We have a few vaccinations left. If you are in one of the eligible groups and have not yet had your flu vaccination please call our Reception Team on 01487 830340 to make an appointment.

Dr Basia Uszycka

Many of you will already be aware that Dr Uszycka is unfortunately on long term sick leave. During her absence, please consult with another member of the GP team who will be able to assist you.

Mrs Claire Wright, Practice Manager Wellside Surgery, Sawtry - Tel: 01487 830340



SAWTRY CHORALE

Well, what a wonderful Christmas Season we had. As you know Sawtry Chorale traditionally perform two concerts over the Christmas Period, and our first concert was hosted by All Saints Church Sawtry where we performed some well-known Christmas pieces both old and new. We

were warmly welcomed by our audience and the whole choir thoroughly enjoyed ourselves. Our second concert was a new venue for us, St Andrews Church, Alwalton, so unlike Sawtry, we were unsure how the venue and audience would be. As we were sitting there waiting to start, the audience swelled and like Sawtry we performed to a large, extremely appreciative and enthusiastic audience.

Due to the fantastic turnout and generosity, we were able to make a healthy contribution of £400 to our chosen charity, the Light Project in Peterborough who continue to provide shelter and support for the homeless.

Like everyone, the Christmas break came and went quickly however our rehearsals are now in full swing for the forthcoming Spring and Summer period. In addition to our normal summer concerts this year we have been approached by a couple of organisations, one wanting us to perform for them at their annual dinner in March 2023 and the other, a music group have asked us to perform a joint concert with them at the end of April 2023, date and venue to be confirmed. This is a bit of a departure for the choir, but we are all looking forward to reaching new audiences and supporters.

So far, this year, we can confirm our summer concerts will be in St Nicholas' Church in Glatton and Keyston Village Hall, more details to follow in the next edition of Sawtry Eye.

If you feel inspired to sing, we are always looking for new members, why not join our four-part harmony choir? We don't insist on formal auditions and you don't need to read music. Come along to chat to the musical director or contact us through our website, Facebook page or by email. You will receive a warm welcome!

We meet every Wednesday night at the Methodist Church Hall, 9 Green End Road, Sawtry, PE28 5UX from 7.45 – 9.30pm. If singing is not your thing, but you are interested in supporting us, we would value you support.

This year, Sawtry Chorale are supporting The Light Project in Peterborough again to help them continue their valuable work, providing shelter and support for the homeless.

For more information, please call 07870 248897 email sawtrychorale@gmail.com or visit www.sawtry.chorale.co.uk



SAWTRY WALK TO RUN

Looking back in 2022 we saw our chair and founder Nona move on from Sawtry to pastures new in December. No words do justice to the work Nona has put into the club she founded 5 years ago. Not content with the club role, Nona was also playing a key role in Sawtry's Sport 4 All events, this brought all of the clubs locally together to encourage people to get involved. Supporting Nona and the club immensely was Nib her right-hand man, Nib, who qualified as our English athletics coach also spent a lot of time organising and supporting Nona. Due to the dedication and time spent, the club has made Nona and Nib Lifetime Honorary members.

December saw our 5K Santa Run and walk which was well attended and supported. We ran from the Greystones, and they were fantastic hosts treating runners to mince pies, mulled wine and other warm drinks afterwards. A collection also took place for Sawtry Foodbank and the table was overflowing with generous donations. We made £472.00 for CARESCO which the club topped up to £500.00 from its funds. None of this would have been possible without Greystones providing the venue, volunteer marshals from CARESCO and the club and You the local community supporting so fantastically.

Our annual club challenge of completing 100 hours and 100 activities concluded with 41 people finishing the challenge. We did a prize draw for all achieving the challenge. The winner of the top prize of a free pair of Brookes trainers, along with professional gait analysis to ensure you are in the right shoes from Advance Performance, was Jo Chapman, enjoy Jo! To help everyone complete on a level regardless of age we have a yearly age-grading competition and our 2022 winners were Richard Fen with grading of 73.69 and Anna-Marie Cooper 71.11.

Our latest Couch to 5K program finished in early December. Massive congratulations to everyone completing the 5K finale at the Peterborough parkrun. This spring we start our next free to participate course for anyone who would like to join a supported successful program to get you to your goal.

You don't have to wait until then to Join Sawtry Walk to Run as we welcome all abilities from Walkers to Ultra competitors. Just contact us via social media or come down to a club run, details of when and where are on website sawtrywalktorun.co.uk. We'd like to acknowledge Academy Leisure for allowing us to meet there for our club runs in the evenings and being supportive of the club generally, much appreciated.

We have recently started on the first Sunday of each month a mental health walk free to everyone. Look out for details on the Sawtry Scene Facebook group, or contact us via website for more Info.

Looking forwards, we have members taking part in the Stamford 30k, Cambridge 1/2 and London marathon amongst other events this spring. Hold the date for our own Sawtry 10 Mile Road Race on 3 September, following the successful first event last year. More details in the next edition of the Sawtry Eye.

David Bartle, Club Chair

Call David on 07703174937 or contact Fiona Hurst our membership secretary at fionahurst@hotmail.co.uk for details.

More info at www.sawtrywalktorun.co.uk or our Facebook page: Sawtry Walk to Run



Running - it's much more fun than you might

IMPROVING OUR WELLBEING

In early July 2022 Huntingdon District Council [HDC] invited a number of community organisations, including CARESCO, to come forward with a plan for how they could work to reduce health and wellbeing inequality within its service users and the wider community. CARESCO started by asking our service users and volunteers:

"What would you like to see in Sawtry? Being active, meeting other people and feeling in control of our lives, all contribute to good health. We'd like to hear what sort of activities you would like to see at CARESCO.

The responses were used to put together a funding bid to HDC for a grant to be used over the coming year or so to start some new initiatives within the CARESCO community which aim to help improve health and wellbeing. The successful application included some funding which will enable us to include extra pages in the Sawtry Eye for the next few issues .

We hope you find the information useful over the coming months, do please let us have any constructive comments you may have, including what else you would find useful.

We will be including details of some of the new activities in this and future issues, look out for details.

Huntingdonshire







HEALTHY EATING WORKSHOP

Join us for an informal workshop demonstrating the understanding of a balanced diet, the adoption of healthy eating habits, and the importance of physical activity as part of your daily routine.

CARESCO Centre, Green End Road, Sawtry, PE28 5UX

Friday 17th February 2023 12:30pm









EMERGENCY SUPPORT





I do not have any food or gas/electric



www.huntingdonshire.gov.uk/helpinghand



0808 278 7807 - Citizens Advice

advice@ruralcambscab.org.uk

www.citizensadviceruralcambs.org.uk

Will also provide advice on how get yourself to the foodbank/shop etc.

I have a problem with my mental health

If in immediate danger of harming themselves or others



If they are struggling with their mental health, but are not in crisis, advise to use

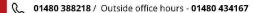
www.keep-your-head.com or call your GP

If they are feeling low and need an extra bit of support, call the Lifeline helpline 11am - 11pm - <u>0808 808 2121</u>

Samaritans - <u>116 123</u>



I have nowhere to sleep tonight









I am in Danger from someone else

If you believe you or someone else is in immediate danger, call 999 and notify your Safeguarding lead.



Version 1a - December 2022

Do You Have Money Worries?

ENOUGH MONEY TO GET

www.entitledto.co.uk



I have a physical or mental disability

<u>03303 553 256</u>



Age UK Cambridgeshire & terborough

0300 666 9860 infoandadvice@ageukcap.org.uk

Pension Credit Toolkit:

www.gov.uk/government/publications/pension-credit-toolkit

Caring Together © 0345 241 0954

hello@caringtogether.org

Free School Meals & Childcare 3 & 4 Year Olds

Cambridgeshire County Council 0345 045 1360

www.cambridgeshire.gov.uk/residents/children-and-families Alternatively, contact your local school or pre-school provision.

https://cambridgeshire-self.achieveservice.com/service/Household_Support_Fund_

iggle Department for Work and Pensions $0800\,169\,0190$

Money Helper <u>0800 138 7777</u>

Huntingdon Area Money Advice

01480 418866

help@huntsmoneyadvice.co.uk Citizens Advice

advice@ruralcambscab.org.uk

0808 278 7807 National Debt Helpline

0800 689 9033 www.gov.uk/national-debtline

StepChange

Stepchang. 0800 138 1111

<u>www.stepchange.org</u>

I can't afford my rent/mortgage or energy bills

6 01480 388388 and ask for HDC Residents Advice & Information Team

www.huntingdonshire.gov.uk/helpinghand

Citizens Advice

advice@ruralcambscab.org.uk

HDC Council Tax Support

www.huntingdonshire.gov.uk/counciltaxsupport <u> 01480 388308</u>

I think I've been scammed Call the Police on 101

Citizens Advice

advice@ruralcambscab.org.uk

Contact your landlord or

WHO HAVE YOU MADE AN APPOINTMENT WITH?

One of the things I love about the start of a new year is a new diary. Even the way a brand-new diary smells and feels is filled with potential. Considering the blank pages - full of yet unwritten possibilities. What exciting things will be written on those pages in the next 12 months? Now of course, in the era of electronic diaries, the anticipation is maybe not quite the same but a new year always makes me think about my diary, about what or who will feature on the pages as the year unfolds and what that will say about my priorities.

There is a verse in the Bible that says "Do two walk together unless they have made an appointment?". This verse is speaking towards intentionality, not just letting things happen, but actively making an appointment with them.

The thing about diaries is that they have a habit of filling up - fast - with all kinds of things. Our diaries reflect both who we *have* to spend time with, especially if they are our work diaries, and who we *choose* to spend our time with. And those are the people and maybe the agendas that we will walk with throughout the year because that is who we have made appointments with. Those appointments will impact our lives and our feelings about the year, for good or ill.

So ... a big question here ... who have you made any appointments with yet? If you have made new year's resolutions – have you booked in those gym sessions? If you have decided 2023 is the year when you will really invest in yourself, have you set time aside to do that? Maybe this year you have decided you might like to find out

more about God? We would love to have that conversation with you. And starting in the summer, on Monday 5 June, we will be running our Alpha course again from the Greystones Pub, and we would love to see you there, all are welcome.

So book your priorities in now before the pages fill up and set our priorities for us, whatever those intentions are make the space now.

And a final thought ... that electronic diary makes it really easy to enter repeat appointments at the touch of a button!

Reverend Becky and Reverend Diane





REMEMBRANCE

The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year



FEBRUARY				
Private Ernest HADMAN	17 February 1917	Glatton/Holme		
Private Herbert WRIGHT	14 February 1942	Wood Walton		
Driver Edward Harold DACK	9 February 1944	Sawtry		

MARCH			
Private Victor John FURNELL	7 March 1916	Wood Walton	
Private George Edward SAVAGE	15 March 1916	Glatton	
Private William ROWELL	17 March 1917	Sawtry	
Private William BARRETT	18 March 1918	Sawtry	
Private George Frederick DEWBERRY	20 March 1918	Wood Walton	
CQMS Henry James NICKERSON	23 March 1918	Sawtry	
Private William Percival GLOVER	27 March 1918	Great Gidding	
Sergeant Norman George Wood BOYCE	26 March 1942	Old Weston	
Sergeant Robert Charles DOBIE	26 March 1942	Old Weston	
Flight Sergeant Donald Cole LINDSEY	26 March 1942	Old Weston	
Flight Sergeant Robert Joseph O'LEARY	26 March 1942	Old Weston	
Private John Edward ANDREWS	23 March 1943	Sawtry	



They shall grow not old as we that are left grow old Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning We will remember them.



ALL SAINTS', SAWTRY, ST NICHOLAS', GLATTON & ST GILES', HOLME WITH CONINGTON PARISH CHURCHES



BENEFICE DATES FOR YOUR DIARY

For latest service information and online service links please visit <u>www.allsaintssawtry.org.uk</u>

Date	All Saints', Sawtry	St Nicholas, Glatton	St Giles, Holme
Sunday 5 February	10.30am - Holy Communion	9.00am - BCP Morning Prayer	
Sunday 12 February	10.30am - Morning Service with Baptism	9.00am - Holy Communion	
Sunday 19 February	10.30am - Holy Communion		9.00am - Holy Communion
Wednesday 22 February	6.00pm - Ash Wednesday Service		
Saturday 25 February	4.00pm - Messy Church		
Sunday 26 February	8.00am - BCP Holy Communion 10.30am - Reflective Service 6.00pm - Pop-Up Cinema Chocolat (12) with refreshments (FREE)	9.00am - Holy Communion	-
Sunday 5 March	10.30am - Holy Communion	9.00am - BCP Morning Prayer	9.00am - Holy Communion
Saturday 11 March			2.00 - 4:30pm Celebrate the History of St. Giles
			4:30pm - BCP Evening Prayer
Sunday 12 March	10.30am - Morning Prayer	9.00am - BCP Morning Prayer	
Saturday 18 March	4.00pm - Messy Church		
	10.30am - Holy Communion		
Sunday 19 March Mothering Sunday	2.00pm - Mother's Day Runaways Service A service for those who normally avoid church on Mothering Sunday and find that celebration difficult.	9.00am - Holy Communion	9.00am - Holy Communion
Sunday 26 March	8.00am - BCP Holy Communion 10.30am - Morning Prayer		A POPER TO THE

BCP* A much loved traditional service using the 1662 prayer book



SAWTRY METHODIST CHURCH

9 Green End Road, Sawtry, PE28 5UX





COFFEE MORNINGS

Open Saturdays from 9.30am to 11am

Drop in for light refreshments, a chat with friends all proceeds to the church



We would love to see you!

SUNDAY WORSHIP

There is a service either in the building, online, (using Zoom), or both every week

SPECIAL SERVICES

Tea Breaks
Sunday 4 February & 4 March at 4.15pm

Holy Communion
Sunday 12 February at 10.30am
Led by Rev James Bamber

Mothering Sunday Sunday 19 March at 10.30am

For details of other services, how to login via Zoom and for other services please check our website or call 01487 830345

Come and join us, all are welcome

We have a new monthly group starting in March Monday 6 March at 2.00 – 3.15pm in the Church Hall

This group is for YOU!

Nothing about the group is set in stone (which Monday, content of meeting etc) so have your say!

Please come and join us for this first gathering, we're really looking forward to seeing you.

Bring one of your favourite photographs to share as our first activity.

Quantities of tea and cake available (of course!!)

Contact Margaret Wilson 07794 607985 for any gueries



For more information, please contact Rev James Bamber on 01480 453857 Email jjamesbamber@gmail.com, or via www.sawtrymethodist.org.uk Find us on Facebook - SawtryMethodistChurch

AT THE HEART OF LENT

Dear Friends.

I know Christmas is barely past but February heralds the beginning of Lent! Paul, a follower of Christ writes to another follower, Timothy, 'Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners – of whom I am the worst.' (1 Timothy 1: 15). Jesus came to transform our lives in a way that we couldn't manage ourselves, a message which, for me, is at the heart of Lent.

I was reminded recently of this truth by reading the account of the Bounty mutineers who found themselves on Pitcairn Island in the South Pacific. The island measures two miles in length and one mile in width. Ten years after landing on the island only John Adams remained alongside the other inhabitants of the island – 11 women and 23 children. About this time, Adams came across the "Bounty's" Bible in the bottom of an old chest. He began to read it, and through it God reached into his heart and changed his life forever.

Peace replaced quarrelsome behaviour and Adams began to teach the children from the Bible until everyone had experienced the same amazing change he had. The ripple of change continues today.

This Lenten time may we reflect on our response to the transformation God makes available to us and how it makes an impact on our day-to-day living. It is easy to say the words, 'Create in me a clean heart, O God' (Psalm 51: 10) but it is much harder to live them out in practice — when we do, God can use us in ways beyond our imagining to bring about his life-saving transformation.

God bless, James

SAWTRY AND DISTRICT BOWLING CLUB

We certainly had a really good turn-out for our Christmas Eve Drinks Night, which everyone seemed to enjoy, with people playing darts, shuffleboard, dominos and shove ha penny. Thanks to those for coming.

The committee are now busy planning for the coming season, under the new Chairmanship of Sam Nickerson. The committee is also joined by Matt Nickerson as our new Competition Secretary, and new committee members Ruth Holt and Phil Kearney. It's also nice to welcome some more young, and new blood onto the committee.

We aim to hopefully bring more social events in 2023, starting with a 'London night' on Saturday 25 February serving London's traditional East End working-class delicacy 'Pie n Mash' from a renowned supplier in London. The traditional Liquor can be substituted for gravy if you so wish, but how about giving the green stuff

a try - lovely with traditional 'chilly' vinegar (also supplied). If anyone is interested in coming for £10pp, please contact Karen Leader on 07903 841708 or mail to: karenleader@yahoo.co.uk no later than 12 February,

We are looking to hold our **Easter Bingo** on Saturday 1 April. Details for this and other events will be confirmed over the coming month or two, so watch this space.

If people have any ideas for events they would like to see, or indeed run, please get in touch.

Any Queries contact - Club Secretary Kevin Bowers - Tel No 07989 503740

Visit our Facebook Page - search 'Sawtry and District Bowling Club'

Our website :- https://hugofox.com/community/sawtry-and-district-bowling-club-8948/about-us



SAWTRY COLTS

The good news is that Greenfield is back playable again..... the bad news is not a lot of games have been played there. Early December brought a very cold spell and the pitches were frozen. The New Year was ushered in with a spell of wet weather that has now been followed with another cold spell. A few teams have managed to get playing some matches

though so here's how a few of the teams have been getting on.

Or search for 'Sawtry and District Bowling Club'

The U12 Blues continue to be the entertainers with goals flying in at both ends. Results of 1-7, 5-3, 7-4, 3-7 and 4-2 are testament to that with one notable result being the 5-3 win away at Priory. The Blues sit fourth in their 12 team group with 6 wins and 5 losses to date.

The U13s have played four matches of late with a run of three defeats being brought to an end with a win against local rivals Stilton who they dispatched comfortably 6-2. The previous losses were against Sandy, Great Paxton and Gransden but they still sit just above mid-table in their league in what is a decent first season at 11-a-side football.

The U14s are unbeaten in their last five matches with 2 wins and 3 draws. The victories were against Godmanchester and St Ives. They currently sit in third place with draws against the first, second and fourth placed sides showing how competitive the league is. They have a tough quarter final cup draw against the top division, and unbeaten leaders, Chatteris coming soon.

The U15s are still seeking their first win but performances have been much improved. They were very unlucky against Ramsey going down 5-2, the final score not really being indicative of the match. Their only other game was a 5-4 loss to local rivals Stilton when they lost to a late goal after being 42 up at one point, the game swinging on a dubious penalty decision just before half time. A few new squad members have livened up the side and they now look much more competitive.

The U16s are another side still waiting for that first win where losses at the end of last year to league leaders, Whittlesey, and St Neots were followed in the new year with a much improved score line going down by only the one goal to March Academy. Hopefully that first "W" is not too far away.

The U11s Girls, in their first season of football, after a good win against Newmarket in their first cup match, exited at the quarter final stage losing to a much more experienced St Ives side.

One ray of sunshine to look forward to, hopefully quite literally, with the Sawtry tournament which is now scheduled to take place over the weekend of the 1 and 2 July. Maybe not guaranteed sunshine but guaranteed good football in one of the best organised tournaments in the region.

Brian Craig - sawtrycoltsfc.co.uk



SAWTRY TABLE TENNIS CLUB

The club meets on a Monday and a Tuesday evening. To attend any of the Club Night sessions you will need to book in advance. Bookings will be taken on a first come, first served basis.

Mondays are split into three sessions:

- 5:45pm to 6:30pm Junior Development Session This session is for junior members who are starting or started their table tennis journey. Parents or grandparents can participate in the session if they choose.
- 6:30pm to 8pm Open Play Adult Session (so you can play who you want, when you want). For adult members, plus the stronger junior members who have been invited or passed the club's grading.
- 8pm to 9:30pm Open Play Adult Session (so you can play who you want, when you want). For all members Over 11 and above.

Tuesdays - These are run slightly differently to Mondays, as these coincide with the club's League Match Nights. Tuesday Club Nights are one session for the whole duration of the evening, instead of several sessions. It runs from 7pm to 9:30pm. The session is for adult members, and the stronger junior members who have been invited or passed the club's grading.

To attend any Club Night session you will need to book in advance. Bookings are on a first come, first served basis.

League News - The first half of the league season has come to an end, now the second half is underway. Our "Team A" had a very tough, but enjoyable first half, and our "Team B" also found it hard going.

Coaching News - Members who attended some dedicated coaching sessions in September, enjoyed them so much, that the club is hosting a few more. The club has invited Table Tennis England Coach - Tom Lodziak is back to deliver some more fun, informative, advanced coaching.

The Club is community-based, where members can play some leisurely or we have received support from the competitive table tennis, this is totally up to them, to decide. The Club is open to CambridgeShire anyone over the age of 7 and all abilities are welcome. Foundation (

There are no membership fees, only Club Night fees: Adults - £3.00, Junior (under 18's) - £1.50 per session,

To keep up to date with what the Club is doing check out our website or Facebook:

www.sawtrytabletennisclub.org.uk @SawtryTableTennisClub If you are interested in joining us, please feel free to contact the Club on via email: welcome@sawtrytabletennisclub.org.uk

SAWTRY GOLF SOCIETY

After the disappointment of not being able to play our November game due to the waterlogged course at Royston we moved onto our next planned game which was also our Christmas event and included an overnight stay at Staverton Park near Daventry. All was good until two days before when the hosts told us they had messed our booking up and we were not booked into the Christmas party, after nearly having to cancel the whole weekend they managed to transfer our booking to a similar complex nearby at Helliden Lakes.

So we turned up hopeful of an eventful-free stay, well that didn't happen, the golf course had roughly 2" of frost on the course making golf nearly impossible. We did try but after everyone lost so many golf balls due to them vanishing into the frost, we gave it up and went back to the hotel. So this round had to be cancelled after all. A special mention to Tony Morley, Steve Nolan and Luke Allen as all three somehow struggled on and completed the round, when most of us were sitting in the bar, Tony had the best score on the day.

Our next trip out was in January to a cold and frozen course at The Woolfox Golf Course near Rutland, but at least we could play golf as it was playable even if the ground was so hard. Coming out on top was Tony Morley with an impressive score in those conditions of 38points, one better than Doug Bailey who beat Jason Bohonis on countback as they both had 37 points.

Our next trip out is in February with our three club challenge at Orton.

Sawtry Golf Society accommodates local golfers from scratch to 54 handicaps. Membership is only £15 for the year, if you are interested contact us on our Facebook page or ring our secretary Dave Gadsby on 07834 386632



Community

TABLE

TENNIS



Doctors / Pharmacy

Wellside Surgery, Sawtry - 830340

Lakeside Healthcare at Yaxley - 01733 240478

Sawtry Pharmacy - 832558 (Boots)

Children's Groups

Beavers/Cubs/Scouts - 01480 581072

Girlguiding, Sawtry (Rainbows, Brownies, Guides, Rangers & Y.L) - 07342 046564 / 07704 875881

Village Groups

Sawtry Camera Club - 07494 067666

Sawtry Chorale - 07870 248897

Sawtry Gardening Club - 07598 431308

Sawtry History Society - 07584 501534

Sawtry Motorcycle Club - 834190

Sawtry Women's Institute - 07841 647345

Sport Clubs

Merton Kenpo Academy I MKA - 07753 228439

Sawtry & District Bowling Club - 07989 503740

Sawtry Colts - www.sawtrycoltsfc.co.uk

Sawtry Cricket Club - 07943 526379

Sawtry Fishing Club - 07436 016188

Sawtry Football Club - 831403

Sawtry Golf Society - (Secretary) - 07834 386632

Sawtry Junior Cricket Club - 830581

Sawtry Badminton Club - 07976 054613

Sawtry Table Tennis Club - 07732 805103

Sawtry Tang Soo Do (Karate) - 07783 674797

Sawtry Walking Group - 832407

Sawtry Walk To Run - 07703 194937

Churches

All Saints' Church, Sawtry (Rectory) - 506217

St Benedict's Catholic Community Sawtry - 830680

St Luke's Catholic Church Peterborough - 01733 230464

Sawtry Methodist Church - 830345

Pre-Schools / Schools

Buttons & Bows Pre-School - 01487 833010 / 07483 942826

Sawtry Infant School - 830678

Sawtry Junior Academy - 830204

Sawtry Village Academy - 830701

Emergency Numbers

Electricity 24hr Helpline & Emergencies - 0800 7 838 838

Gas 24hr Helpline & Emergencies - 0800 111 999

Police (Non-Emergency) - 101

Samaritans Day/Night - 01733 312727

Other Services

Cambs Bobby Scheme - 01480 413311

Cambs Libraries Contact Centre - 0345 045 5225

Citizens Advice Bureau, Huntingdon - 0344 245 1292

HACT (Community Transport) - 01480 411114

Huntingdon Delivery Office - 03457 740 740

Sawtry Social Club - 830462

Sawtry Old School Hall / Parish Council - 831771

Sawtry Post Office - 208460

Sawtry Sports & Leisure Association - 831797

Sawtry WI Hall - 07763 438409

Sawtry Youth & Community Centre - 831542

www.safelocaltrades.com - 0800 014 1832

CARESCO

CARESCO Centre - 832105

Charity Shop - 208026

Green End Day Club - 07743 216746

Car Scheme - 07810 476979

Community Support - 07873 187843

Sawtry Foodbank - 07743 593863

The Cave - 07851 803482

SAWTRY AREA CODE - 01487

If you would like to add a new number to the list or you have spotted a wrong number then let the CARESCO team know on 832105