



www.caresco.org.uk

Sawtry Eye

Distributed to Conington, Glatton,

Upton & Sawtry

No. 95 December 2011 - January 2012

MERRY CHRISTMAS & A HAPPY NEW YEAR

To all our readers & advertisers, From everyone at the Sawtry Eye

Thank you for your support throughout 2011

SAWTRY WI Presents their **Christmas Show**

In Aid of the WI Hall

Friday, 16th December 2011

At 7.30pm in the WI Hall

Admission £6

(to include light Supper and Glass of Wine)

Raffle

**Admission by ticket only, please contact
Margaret Geary on 01487 832925**

Charity no. 229016

Sawtry Christmas Everyone is welcome to join in the village celebrations:

Village Carol Service

Sawtry Community College, Fen Lane, Sawtry

"Ring Out The Joyful News"

Sunday 11th December

Starting at 3.00pm

Followed by refreshments

Carols Under the Christmas Trees

In front of the Old, School Hall

Green End Road, Sawtry

Monday 19th December

Starting at 6.30pm

SAWTRY LOCAL PRODUCE & CRAFT MARKET

THURSDAY 1st December
8 am—2 pm

OLD SCHOOL HALL,
Green End Rd, SAWTRY

Cakes, Eggs, Handicrafts,
Floral Decorations,
Honey, Plants, Preserves, Pies,
Sausages, Willow Products
And more

For more information please call Diane or Sally
at the Parish Council Office on 01487 831771



Presents An Evening with **THE BODY SHOP** Friday 2nd December

Doors open 7.15pm, Starts 7.30pm at the CARESCO Centre

Tickets: £3.00 in advance / £4.00 on the door
Available from **CARESCO** 01487 832105

Free glass of wine & nibbles

Come and enjoy an evening in the company of
Emma Green & friends

Individual pamper sessions available

** Facials or Hand Massage * at £3.00 each when
booked in advance Or £4.00 on the night*

Cake stall & raffle - All proceeds to CARESCO

**Reg Charity No 1140728
Reg Company No 7513432**

If you are moving house, please can you leave a recent copy of Sawtry Eye for the new occupiers - Thank you



COFFEE SHOP

Every Friday

9 - 11.30am (Term Time)

Closed 23 and 30 December

(9.45am - 11.00am During school holidays)

at the CARESCO Centre

**A warm welcome for coffee and a chat
It's the place to be**

Coffee/Tea	50p per mug
Homemade Cake	60p per slice

Everyone Welcome

**For more information please contact the
office, or drop into the CARESCO Centre**

Christmas Cards

Available for sale from the
CARESCO Centre



£3.00 per pack

All proceeds will go towards the work
of CARESCO



**For issue No: 96
Feb - March 2012**

Advertisements by
12 Noon on 13 January 2012

News Items by
12 Noon on 20 January 2012

Full Page: Portrait
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1 Issue - £109
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Quarter Page: Portrait
(13cm x 8.5cm)
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6 Issues - £165

Eighth Page: Landscape
(6.5cm x 8.5cm)
1 Issue - £18
6 Issues - £90

For more information call in or
phone 9.00am - 12 Noon
Monday - Friday

01487 832105

sawtryeye@caresco.org.uk

Marjorie Dybeck

1930 - 2011

Wife of Maurice (Head of the College from its opening in 1963 to 1984), died on Thursday, 27th October, at her home at Kirkby Lonsdale, Cumbria, aged 81. She had been suffering from cancer for several years.

Marjorie will be remembered for her involvement and many contributions to community life in Sawtry, and particularly as the founder of CARESCO in 1982.

She stayed in touch with Sawtry over the years following her move north, receiving the Sawtry Eye regularly and returning to visit when possible.

Marjorie remained passionate about CARESCO and served proudly as president for many years until her death. Her gentle encouragement and support will be sadly missed.



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CARESCO

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EDITORIAL POLICY SUMMARY

· All items are included entirely at the discretion of the editors who reserve the right to edit or refuse to print any item submitted.

· Views expressed in the Sawtry Eye are not necessarily those of the editors or CARESCO, they are included in the interests of free speech.

· Anonymous items will only be considered where the author has submitted their full name & contact details to the editors with their contribution and have requested, with reason, that these are withheld.

· Before printing a critical item the editors reserve the right to approach the criticised persons/group and offer an opportunity to comment, where possible, in the same issue. At their discretion the editors may delay the critical item to the following issue or publish without a reply.

· The editors cannot accept any liability for omissions, errors or mistakes which occur in production.

· The copies of Sawtry Eye delivered to the parish of Sawtry are accompanied by the Sawtry Parish Council Newsletter which is published by and the responsibility of Sawtry Parish Council.

The full Editorial Policy is available from the CARESCO office during office hours.

DISTRIBUTION OF SAWTRY EYE:

If you know of anybody who does not receive a copy or would like to help deliver Sawtry Eye, telephone: 01487 832105 between 9am—12 noon Monday-Friday

Sawtry
Twinned with
Weimar

Welcome

What an amazingly warm and worryingly dry autumn it's been! I'm not sure whether we should be grateful or not, but now winter is just around the corner and just in case we have some useful advice on how to deal with snow, should we get any this year. There's also valuable information about what to do should you be finding it hard to meet the cost of your fuel bills.

This month we received the sad news of the death of a former Sawtry resident Marjorie Dybeck, founder and president of CARESCO, the organisation behind the Sawtry Eye. Marjorie never lost touch with Sawtry and always received the Eye through the post and would often send a comment by email on village goings on. She will be sadly missed. We would love to include tributes to Marjorie in the next issue from people who remember her and all she achieved in Sawtry during her time here. Please send your contributions to the editors at the usual address.

Even in our times of sorry, it will soon be Christmas so may I take this opportunity on behalf of the Sawtry Eye team to wish you all a good one.

Liz Coates - Co-Editor

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SCHOOL TERM DATES FOR SAWTRY SCHOOLS

Autumn Term 2011
End of Term - 16 December 2011

Spring Term 2012
Teacher Training Day 3 January 2012
Start of Term - 4 January
Half Term from 13 - 17 February 2012
End of Term - 30 March 2012

Summer Term 2012
Start of Term - 16 April
May Day 7 May
Half Term from 4 June – 8 June 2012
(Diamond Jubilee 5 June)
End of Term - 23 July 2012

Autumn Term 2012
Teacher Training Day, 3 September
Start of Term - 4 September
Half Term, 29 October - 2 November
End of Term - 21 December

It is anticipated that most schools will select Monday 23 July 2012 as a training day.

Schools have a number of training days available to take at their discretion. Please contact your local school for details. Or check the Cambridgeshire County Council website at

<http://www.cambridgeshire.gov.uk/education>



Don't forget - during all weeks containing a bank holiday, collections will take place **ONE DAY LATE**

HDC REFUSE COLLECTION

Sawtry, Conington, Glatton & Upton have the same calendar for refuse collection, however the week day may vary.

To find out the exact dates for your property visit <http://applications.huntsdc.gov.uk/applications/refusecollection/> and enter your house number & postcode or call 01480 388388

GREY (LANDFILL WASTE)

(Week Beginning)

12th & 26th December
9th & 23rd January

COMPOST (GARDEN WASTE)

& DRY RECYCLING

(Week Beginning)

5th & 19th December
2nd, 16th & 30th January

For more information visit the Hunts District Council website at <http://www.huntsdc.gov.uk> and look for the **Refuse & Recycling** link on the left hand side of the page.



Sawtry WI

Sawtry WI meets on the 1st Thursday of the month at 7.30pm in the WI Hall, Gidding Road (Wheelchair Access)

1st December 2011

Judith Andrews – 'Boozy Jellies and Rubber Creams'
Intrigued? Come and see for yourself what it is about!!

5th January 2012

Stuart Orme (Peterborough Museum)
telling us about 'Women of Peterborough'

**Visitors and New Members always receive a warm welcome
if you haven't tried the WI before, come along and meet us.**

Regular features include:
Bring & Buy stall, raffle and refreshments

Secretary Ann Watson 01487 834035
President Margaret Geary 01487 832925

Registered Charity No. 229016



SAWTRY INFANT SCHOOL

QUIZ NIGHT

ON
THURSDAY 1st DECEMBER
AT

THE GREYSTONES
Starting at 8.00pm

Teams of 4 – 6 Players
£1.00 per person

RAFFLE

EVERYONE WELCOME

**Please call the school
on 01487 830678
for more information**

2011	Group	Details	Contact No	Page
1 December	Sawtry Parish Council	Local Produce Market	01487 831771	Front Page
1 December	Sawtry Infant School	Quiz Night	01487 830678	4
2 December	CARESCO	Body Shop Evening	01487 832105	Front Page
3 December	Upton Village Hall	Christmas Fair & Lunch	01480 890843	-
8 December	Sawtry WI	Christmas Afternoon Tea	01487 832925	7
8 December	Royal British Legion Sawtry	Bingo	01487 831980	17
9 December	Sawtry Cricket Club	Quiz Night	07545 882994	27
10 December	Sawtry Bowling Club	Race Night	01487 830720	27
11 December	Sawtry Parish Council	Sawtry Carol Service	01487 831771	Front Page
16 December	Sawtry WI	Christmas Show	01487 832925	Front Page
16 December	St Nicolas', Glatton	Charity Carol Singing	01487 831651	20
17 December	Sawtry Chorale	Christmas Concert	01487 830149	13
19 December	Sawtry Parish Council	Carols at Old School Hall	01487 831771	Front Page
2012	Group	Details	Contact No	Page
8 January	St Nicolas', Glatton	New Year Lunch	01487 831651	13
19 January	Sawtry WI	Coffee Morning	01487 832925	7
4 February	Sawtry Parish Council	Chairman's Ball	01487 831771	-
11 February	Sawtry Winemakers	Valentine Dance	01487 830020	-
9 June	Sawtry Carnival Committee	Sawtry Carnival	01487 832410	10
2 – 8 July	Sawtry Parish Council	Scarecrow Trail	01487 831771	-
27 July – 12 August	London 2012	Olympic Games	0845 267 2012	-
29 August – 9 September	London 2012	Paralympic Games		-
8 September	Royal British Legion Sawtry	Late Summer Event	01487 831458	17
15 September	Sawtry Show Committee	Sawtry Show	01487 831771	10

If you would like to have a date considered for inclusion please email the details along with a contact number to sawtryeye@caresco.org with the subject 'Make a Date'. We cannot include regular meetings/classes as space will not allow, but we would love to know about the special events.

When your organisation fixes dates, do not forget to let us know. Don't wait for the next deadline. If you don't have access to email, then put it in writing and drop it into the CARESCO Centre or phone us on 01487 832105 (answer phone outside office hours). We reserve the right to decide which items to include.

CARESCO is not responsible for the accuracy of the above information. Please check with the individual group concerned.



TINY TOTS

Methodist Church,
Green End Rd, Sawtry

Parent, Baby and Toddler Group
Every Tuesday term time 9.30–11.00am.
Toys for all ages 0 to 4 years
Activities/Crafts/Songs

CALENDER OF EVENTS FOR 2012 COMING SOON

£1.20 per family, First visit FREE
Refreshments 5p

**Come along and make new friends
New members welcome**

For more information call
Louise 01487 832257 / Elaine 01487 830048

WELCOME TO THE SAWTRY CAMERA CLUB



*We meet the on second Thursday
of each month*

7.30pm until 9.30pm

*At the
Sawtry Club in Gidding Road*

*Everyone will receive a warm
Welcome young or old, male or
Female beginners or experienced
we learn from each other*

Farmers' Markets

Truly local food sold by the people who produce it.

HUNTINGDON

Alternate Fridays from 8am to 2pm
in Huntingdon Market Square

9th & 23rd December

Organised by Huntingdonshire District Council with the support of Huntingdon Town Centre Partnership.
For more information call 01480 450250 or email FarmersMarkets@huntsdc.gov.uk

PETERBOROUGH

2nd & 4th **Thursdays** from 9am to 4pm
in Long Causeway

Organised by Peterborough City Council.
For more information call 01733 452217 or visit www.peterborough.gov.uk

RAMSEY

Farmers/Country Markets every 4th Saturday in the month from 8.30am- 2pm
(except December when the Christmas market date will be held on Saturday 17th)

17 December Christmas Market

For further information please contact
Tel: 07900 478782 Email: rampart@btinternet.com or visit www.ramseyinitiative.org.uk

OUNDLE

Every 2nd **Saturday** from 9am to 2pm
Market Street

For further information please contact
Oundle Town Council - Tel: 01832 272055, email: otc@lineone.net

Farmers' markets are different because the food sold there must be from the local area and sold by the people who grow or produce it. Bought-in produce is not allowed.

Buy fresh, high quality produce from the people who can tell you how it was grown or made.

Sawtry WI In Aid of the WI Hall

BINGO

9th December
6th & 20th January

Everyone welcome - Eyes down 7.30pm

CHRISTMAS AFTERNOON TEA

Correction

Thursday, 8th December 2011
2.30pm to 4pm

Admission £4

for tickets, please contact
Margaret Geary on 832925

Bring and Buy Stall, raffle,
cakes and books/jigsaws

COFFEE MORNING

Thursday, 19th January
10.30am to 12 noon

£1.00 on the door

Bring and Buy Stall, raffle,
cakes and books/jigsaws

Contact for events Ann Watson 01487 834035
Charity Number 229016

COME LINE DANCING

Learn to line dance, no partner required.
All ages welcome, come along and make new
friends, enjoy yourself and keep fit at the same
time.

We are a friendly sociable class, dancing to all
types of music; country, pop, contemporary.
**Held at Sawtry Community College, Fen Lane,
Sawtry**

Wednesday evenings (term time only)

**Term ends 14th December 2011
New term starts 4th January 2012**

7 – 7.30pm Beginners' Class
7.30 – 9.30pm – Improvers

£3.50 per session



Contact:

Angela Foster - 01480 891283

Keith Geary - 01487 832925

or email:

johnangie.foster4@virgin.net

Christmas Cards

Available for sale from the
CARESCO Centre



£3.00 per pack

All proceeds will go towards the work
of CARESCO



SAWTRY WINEMAKERS

Calendar of Events

21st December – Christmas Social

18th January – Wine Whist

11th February – Valentine's Dance

15th February – Cocktail Evening

For more information call Eileen 01487 830020

*You will be most welcome to come along to any of our Monthly meetings which are held at the
Old School Hall the third Wednesday of each month at 7.30 p.m.*

MERRY CHRISTMAS & A HAPPY NEW YEAR

To all our readers & advertisers, From everyone at the Sawtry Eye

Thank you for your support throughout 2011

Letters ...

PURSE FOUND

To whom it may concern, the purse found by the Green in Sawtry on Tuesday 1st November has been reunited with its owner.

Thank you

MISSING CATS

I have lost two cats. Their home is at the field end of Shawley Road. Charlie is a slim grey and white neutered male cat missing since August 2011. His mother Cato is a very small lilac/grey Korat cat who goes missing intermittently and we think she goes to visit her son. If you know the whereabouts of these two much loved cats PLEASE contact me on 01487 831036.

These are very beautiful and unusual cats and I am sure that someone is feeding them out of kindness. This is causing me, their owner great distress, so please let me know if you have any knowledge of them.

Caroline Sheets

MACMILLAN COFFEE MORNING

A big Thank You to all who attended our annual MacMillan Coffee Morning at Sawtry Methodist Hall. We had a very busy time, which was great. My thanks go to Sawtry Methodist Church for the use of their Hall and thank you to all who were unable to attend but sent donations. Thanks also to all the ladies who made and donated cakes for us to use.

Special thanks to Angela Newel, Pat England, Daphne Dodson and Mary Johnson who helped on the day. A big thank you also to John Steeden who did all the washing up and to Tony Martin who collected on the door. I hope I haven't forgotten anyone.

We raised the grand total of £355 which was brilliant.

See you all next year.

Ann Martin

CLINIC MOVE

The Hares Clinics Ltd have moved premises to:
3 Brookside, Sawtry PE28 5SB.
 With ample parking outside and level access.

SAWTRY FIREWORK DISPLAY

Sawtry Sports and Leisure Association would like to thank all the volunteers who helped to make this year's firework display successful. Particular thanks must go to the staff at The Flower Patch, Best Friends Vets, Coopers Garage and the Parish Council office for their help with ticket sales, Mr Racy for the work on the bonfire, Printing Matters for printing tickets and posters, also to the Sawtry Firemen for their attendance on the night, Dave Whiskey for music and public address services and Mrs Jill Bean for first aid cover. Thanks also to Samuel Johnson Ltd and East Anglian Galvanising Ltd for making their car parks available for use on the night.

The members of Sawtry Colts Football Club, Sawtry Cricket Club, Sawtry Football Club and the committee and friends of Sawtry Sports and Leisure Association who helped set up during the day and worked during the evening deserve a special thankyou.

Unfortunately, despite it being a mild and dry evening only 700 members of the public, which is the lowest number ever, came to Greenfield to enjoy the event which means that it lost money. Hopefully if the event is held in future years more people will turn up to enjoy and support it.

Mike Patchett

PARKING ISSUES (1)

Further to the letter published in the Oct-Nov11 issue of the Sawtry Eye by John Gillis, it brought back memories of when Sawtry had its own village policeman who wrote a regular column in the Sawtry Eye and on one occasion he covered this very subject of parking. I fail to remember the policeman's name but he very astutely reminded the residents of Sawtry that most houses had garages and driveways, and that no one had a right to park any vehicle on the Queen's highway, and with this in mind he would be handing out warnings to vehicle owners who were parking and leaving their cars etc on the roads of Sawtry.

Believe me, I have never seen the roads so clear and this continued for a week or so before reverting back to the old habit of parking where and when one liked.

In closing, I would like to add that I have just been told that the council in Brighton have recently advised residents that they are only allowed to have one car parked outside their houses. That is a thought to really think about.

GD Morgan, Bramble End, Sawtry

Write to Sawtry Eye: 'Letters', CARESCO, Green End Road, Sawtry, Huntingdon, Cambs PE28 5UX

Or email sawtryeye@caresco.org.uk with subject 'Letter for Sawtry Eye'

PLEASE SEE STATEMENT FOR SUBMITTING LETTERS ON PAGE 3

PARKING ISSUES (2)

I would like to add to Mr Gillis' letter about parking. Several times, in fact many times, I have gone to the 'Greenways', hoping to park in the disabled slot, only to find somebody already there. More often than not, there is no disabled badge being displayed.

Maybe they will only be a short while, who knows? But they are not entitled to park in that space without displaying a badge. I believe there is a fine for those who do not show a disabled badge. Of course, if the yellow lines were to be repainted, it would be good, but on asking at one shop I was told it was not their responsibility.

Fortunately, I am not so disabled as some people, but it would be nice if those people who are perfectly able to park elsewhere, would consider those who can't.

Here's hoping.

P Fielding, Sawtry

CONCERT BAND

Instrumentalists Urgently Required Woodwind, Brass And Percussion

Following the appeal for instrumentalists in the August/September edition of the 'Eye', Geoff Green has recruited several instrumentalists, but many more are required to form a successful group. Please contact Geoff at Sawtry Community College (Tel.830701) if you are interested. In particular players of lower pitched instruments would be especially welcome.

The first meeting of the proposed Concert Band will be on Tuesday 3rd January at 7.00pm. Considerable financial support has already been obtained, so initial membership will be free.

Sawtry has already produced several highly successful vocal groups and now is the opportunity to form a Concert Band. Back in history, Sawtry had its own Brass Band. Surely we have enough players to form a new Concert Band?

WANTED – DISTRIBUTOR FOR UPTON

The Sawtry Eye team are looking for someone who is willing and able to deliver the Sawtry Eye magazine to every home in the village of Upton on alternate months. You will receive 3p per copy and the Eye is published at the beginning of Feb, Apr, June, Aug, Oct & Dec each year. If you are interested, please contact the CARESCO office by emailing sawtryeye@caresco.org.uk or calling 01487 832105 during office hours (9-12 noon weekdays).



spendandraise
Raise more with your eStore

You can raise money for CARESCO this Christmas when doing your shopping online and it won't cost you a penny more.

Visit our eStore at <http://www.spendandraise.com/CARESCO> to see the huge number of retailers now included in the scheme. By clicking on their links on our eStore, we will get a donation from the retailer when you make a purchase.

Anyone can shop and find lots of great offers from 1,000 retailers such as Marks and Spencer, John Lewis, Sainsburys, Debenhams, Hamleys and Sky and so you're donating money to **CARESCO** in the form of a cashback from the retailers as you shop online. For example, John Lewis give 3% back of the amount spent, Amazon 1% and the Ethical Superstore 8%.

Why not make one of your tabs on your internet search engine permanently on our home page as a useful reminder to use the site as the starting point for your shopping?

Thank you for your support

SLIMMING WORLD – SAWTRY GROUP

The local Slimming World Group is going from strength to strength says Bryan Houghton the Group Consultant, "awareness of weight related issues has been on the agenda so much during 2011 that more and more people are joining the group" So if doing something about your weight in 2012 is one of your resolutions, there is nowhere better to go "I am starting the new year with a double session on Wednesday evenings to give as many people as possible the chance to join" Bryan continued. "There will be special offers to new joiners and re-joiners as well as a new revised edition of the famous Food Optimising plan"

The new sessions will be at 5:30pm and 7:30pm finishing at 7:00pm and 9:00pm. Bryan can be contacted on 01733 649264 or 07960 167910 for more details and information.

THE SAWTRY SHOW 2012

The date for next year's Show has been set for Saturday 15th September. Plenty of classes for all ages as usual, so this is the time to think about those art and craft projects over the winter evenings, and plan your fruit and vegetable growing for spring. Soon it will be time to buy Seville oranges for home made marmalade – try to keep one jar back for September!

Do you have a craft you could demonstrate? If anyone has ideas for classes, any other suggestions, or to join the committee,

Call the Parish Office on 831771, or Dick Tuplin (Show Chairman) on 830095.

Sawtry Village Carnival

Saturday 9th June 2012

OLYMPIC THEME

12 noon-4pm (behind the Old School Hall)

Volunteers from the Sawtry carnival committee have already started planning 2012 afternoon of fun and fundraising. To celebrate the Olympic games we invite any sporting groups that would like to take part to please contact us. We hope many village groups and local charities will want to come back and raise funds for their own groups. Stall booking forms will be sent out in January or you can contact us if you would like to take part or help us on the day as a volunteer.

Stalls: local groups/local charity stalls - free (an opportunity to raise awareness or funds for/about your group)

Paying stallholders - £15 (small local businesses or crafts people)

There will be prizes for the best dressed, innovative stalls.

(we don't encourage tombola after tombola, so new ideas for stalls would be great)

Stalls / general enquires Gill 01487 832410 or email gill.tanner@hotmail.co.uk

"Olympic Countries of the World" is the theme for the fancy dress parade and there are fancy dress prizes once again.

The carnival is run by volunteers and supported by the Sawtry parish council. It is financed by local sponsors, by paying stallholders and selling of grand draw tickets. We hope to run some free activities for children once again this year on the day. Of course there will be entertainment, food and a bar for all to enjoy.

If you or your business would like to sponsor the event or can donate a grand draw prize please contact Lorraine Goode on 07896891736 or email lorraine1m@hotmail.com

We thank all the committee members and everyone else we have already roped into helping on the day (you know who you are) not to mention the Sawtry Club, the Camera Club and the Sawtry Motorcycle Club who have agreed to take part once again. Without everyone pulling together the carnival cannot take place, so please get involved & see if we can make 2012 carnival a success.

Ohh & HAVE A MERRY CHRISTMAS EVERYONE!!

SAWTRY TREE WARDEN

At the Junior School there are plans for expanding the copse of native trees on the field, and planting fruit trees in the vegetable garden. The Garden Club has been busy harvesting and sowing vegetables, and tending the flower beds. The Infant School willow fence is due another hair cut, and the Conservation Area is to receive some TLC courtesy of the Co-op.

Janet Spencer - 01487 830527

SAWTRY IN BLOOM

Dobbies Garden Centre has kindly donated daffodil bulbs, which have been planted under the village entry points, and the planters have fresh plants for colour through till spring. Look out for the Christmas lights on the Old School Hall. Anyone with the odd hour to spare who loves gardening would be very welcome to help us with planting and tending the various planters and flower beds. Call the Parish Council office on 831771.

Janet Spencer

WELLSIDE SURGERY NEWS

FLU VACCINATION

Patients falling within the following at risk categories are entitled to the vaccination this year:

- Aged 65 or above
- Chronic respiratory disease or asthma which requires continuous or repeated use of inhaled or systemic steroids
- Chronic heart disease
- Chronic renal disease
- Chronic liver disease
- Chronic neurological disease
- Diabetes
- Patients who are immunosuppressed
- Patients who are pregnant and have not previously received the H1N1 vaccination
- If you receive a carer's allowance, or if you are the main carer for an elderly or disabled person whose welfare would be at risk if you were taken ill.

If you have not yet received your vaccination please contact our Reception Team on 01487 830340 to make an appointment.

PATIENT REFERENCE GROUP

We are currently in the process of setting up a Patient Reference Group. We hope to include a significant number of patients within the group in order for it to be truly representative of our patients. The idea is to open a channel of communication which will enable us to consult with patients regarding the range and quality of the services we provide. The group will communicate mostly via email, although alternative arrangements will be made available for any patient who wishes to be involved but does not have access to a computer. If you would like to be involved please let me know via email (claire.wright2@nhs.net) or use the form available from our Reception Desk and in the waiting room to provide alternative contact details.

CHRISTMAS / NEW YEAR OPENING TIMES

- Friday 23rd December – Open as usual
- Saturday 24th December – Closed
- Sunday 25th December – Closed
- Monday 26th December – Closed
- Tuesday 27th December – Closed
- Wednesday 28th December – Open as usual
- Thursday 29th December – Open as usual
- Friday 30th December – Open as usual
- Saturday 31st December – Closed
- Sunday 1st January – Closed
- Monday 2nd January – Closed
- Tuesday 3rd January – Open as usual

As per usual, at any time when the surgery is closed, emergency GP services will be provided by Urgent Care Cambridgeshire – 03301 239131

Requests for repeat medication take two working days to process so please submit your requests in plenty of time to take account of the above opening hours.

On behalf of all the Partners and Staff at Wellside Surgery, we wish all of our patients and their families a very happy Christmas and New Year.

Mrs Claire Wright, Practice Manager
Wellside Surgery, Sawtry,
Tel: 01487 830340

NEWS FROM SAWTRY LIBRARY

COMPUTER COURSES

Want to know how to use a computer free of charge? We hold basic sessions which include the modules: E-mail, Searching the Internet and Internet Security on a Thursday from 4pm. If you are interested please see a member a staff for more information.

WORKBOOKS

We have a new selection of workbooks and posters available to buy in the library. They would make ideal birthday or Christmas gifts, the prices are £1.50 each or 4 for £5.

FRIENDS

Would you like to help raise funds for Sawtry Library, if you are interested please call into the library for more details. The aim of the group is to provide funds for buying new equipment eg items for the children or adult areas. Also to arrange or help at events to promote the library service.

EVENTS FOR ALL AGES

Jigsaw Club

The jigsaw will be out during our late night sessions for all of the community.

Popular Board Games

Why not come along and play our board games during our opening hours. You can choose from Scrabble, Draughts, Solitaire, Chess, Dominos and Cards. Make this an enjoyable event with family and friends.

Magazines

We now have a selection of magazines that you can borrow for 1 week from the library. The different titles are suitable for all ages.

Rhymetime/Storytime Session.

This is aimed at all Pre-school children. It will be held in the library every Friday from 2.30 – 3.15pm. This is being held in conjunction with the Children's Centre and will include Rhymes and stories.

CHRISTMAS OPENING TIMES.

Saturday December 24th 9.00 – 12.30. All libraries will be closed over the Christmas period with the exception of Cambridge Central. We re-open on **Tuesday 3rd January 2012 at 4pm.**

Sawtry Library Opening Hours:

Monday	Closed
Tuesday	4.00 - 7.00
Wednesday	2.00 – 5.00
Thursday	4.00 - 7.00
Friday	2.00-5.00
Saturday	9.00-12.00

To renew Books: 0345 045 5225. To renew or Request Books www.cambridgeshire.gov.uk/library

The staff at Sawtry Library would like to wish all our readers a Very Happy Christmas and New Year.



The Sunshine Children's Centre

in Middlefield Road (on the Infant and Junior School site) offers children aged 0 to 5 years old and their parents and carers a warm, welcoming, safe environment to come and have fun, learn new skills, and receive support from peers and centre staff.

Various groups and sessions take place throughout the week both in the centre and in some local schools (Elton, Great Gidding and Stilton during term time).

We also host the fortnightly Baby Weighing Clinic in conjunction with the Health Visitors.

All sessions are free, and EVERYONE is welcome.

We are usually open from 9 – 5pm Monday to Thursday and 9 – 4.30pm on Friday so why not drop into the centre to register with us and collect an up to date timetable of events?

Or visit our website for details

www.cambridgeshirechildrenscentres.org.uk/sawtry/

Sunshine Children's Centre, Middlefield Road, Sawtry, Cambs, PE28 5SH. Tel: 01487 830618 or Email: Sawtrychildrenscentre@cambridgeshire.gov.uk

Tort Hill District Guides, Brownies and Rainbows

1st Sawtry Rainbows have been very busy since my last report working towards the Roundabout badge for healthy living. They will be doing Christmas crafts and ending the term with a Princess Christmas party. **2nd Sawtry Rainbows** have been equally busy learning and participating in Ground Hog Day maypole dancing, teddy bear's picnic (to celebrate the humble teddy bear) and a colour fashion show for the parents. They have made candy mirrors, had a 'pink party' and learnt new songs and games and will be ending the term with Christmas crafts and a disco.

2nd Sawtry Brownies have completed the Disability Badge. The highlight of this was a visit from Mrs S Pollock who talked to the girls about Guide Dogs for the Blind and Maxine, a blind lady, who brought along her Guide Dog, Verity. Three new Brownies have joined the pack, welcome to Emma, Olivia and Jenna. The 'Guess the Baby' photo competition was great fun and so was the 'non uniform' evening in aid of Children in Need. All the girls donated £1 and had a great time playing games and enjoying the food and drink. The meeting prior to Remembrance Sunday the girls made large paper poppies which they laid on the monument – well done girls, they were really lovely.

4th Sawtry Brownies have been busy with badges but the most exciting event was taking part in the Fairtrade Longest Bunting record attempt. The girls decorated triangles of Fairtrade cotton and together with others across the country, they made the longest bunting ever which will appear in the Guinness Book of Records. This is a great achievement.

Our **Guides** are already planning a trip to 'Gig in a Field' for next July but since my last report they have had a First Responders evening when they practiced CPR, bandaging and the recovery position. Well done girls – I shall know where to come if I need any immediate help. The Pets evening was a great success. The girls brought their pets – dogs, hamsters & rabbits to the meeting and listened to a talk from the veterinary nurse from the village vets. I am sure they learnt a lot.

So all in all everyone has been working and playing hard this term and there's lots of things to look forward to including Christmas of course and on that happy thought I will wish you all a very happy one and best wishes for the New Year.

Wise Owl – 01487 830806



SAWTRY CHORALE

Christmas is fast approaching and the choir has been putting the finishing touches to the pieces they will be singing at their concerts. Favourites such as 'Joy to the World', 'Walking in the Air', 'In the Bleak Mid-Winter', 'Carol of the Bells', 'It's the Most Wonderful Time of the Year', 'Chestnuts Roasting by an Open Fire', 'Mary's Boy Child' and many more make up the seasonal programme.

Music for Christmas:

Friday 2nd December 2011 (in conjunction with the Rotary Club of Huntingdon)

7.45pm in the Commemoration Hall, Huntingdon

Tickets cost £12 - including refreshments and a glass of wine – and are available from Rotarian Anne Dear (01480 393811)

Proceeds in aid of charities supported by Rotary

Saturday 17th December 2011

7.30pm in All Saints Church, Sawtry

Tickets cost £6.00 and are available from Mr P Ayres (01487 832503), members of the choir or by ringing the number below.

New Year, new start. If you are looking for a new interest in 2012 and enjoy singing, why not join Sawtry Chorale? Singing together is fun, and has been shown to be beneficial physically, mentally and socially. The choir consists of soprano, alto, tenor and bass voices. We are particularly looking to expand the tenor and bass sections.

You don't have to audition and there is no requirement to read music. Subscriptions are £20 per term to cover the cost of sheet music and room hire.

Rehearsals take place during term-time on Wednesday evenings, from 7.45pm to 9.45pm in the Methodist Church Hall, Green End Road, Sawtry. In the New Year, we start back on 11 January putting together a new repertoire for summer. Do come along. We are a friendly bunch and you will be made very welcome.

Further information is available from any choir member or from me (details below).

Hazel Rea, Publicity Officer, Sawtry Chorale - Tel: 01487 830149

Web site: www.sawtrychorale.co.uk

SAWTRY COMMUNITY FIRST RESPONDERS GROUP

A Massive congratulations and well done to Jane and Kelly, who after long nights studying and completing their courses, they are now both certified Pre- Hospital Emergency Care Practitioners. This course was paid for and supported by the funds raised through the group's fundraising efforts. Our newly appointed PHECP's have a much better knowledge and understanding of emergency medicine and how to deal with trauma incidents. This qualification puts the girls in a position be able to assess and treat their patients more thoroughly until the ambulance arrives and then being able to assist the crews to a higher standard. I am sure you will agree a very worthwhile achievement.

COMEDY NIGHT

The comedy night on the 24th September was another roaring success! A fantastic turn out and again laughter filled the venue with smiling faces all around. We raised an amazing £2419. Thank you for everyone who came on the night, who bought tickets and who donated prizes to help us reach this fantastic amount.

For any information about the Responders or to ask any questions you can contact the group coordinator Jane on 07885422257 or sawtrycfr@hotmail.co.uk or please stop us when you see us out and about and say hello.

SAWTRY DAY CENTRE NEWS

Well here we are nearly at the end of another year, the nights are getting darker but you still find a lot of cheery spirit and a warm welcome at the Sawtry Day Centre who meet on Wednesdays & Thursdays in the CARESCO Centre. The Club is open to all of the elderly members in our community who are on their own and feel the need for some company, of course you don't have to be on your own we welcome couples too, we also encourage the carers of the elderly to get their charges involved and give themselves a few hours respite.

Since the last issue we had a lively afternoon reminiscing, Karen Chancellor from Octavia House in Wisbech came along with a couple of colleagues and bought a lot of memorabilia. We also had a trip out to The Green Man at Stanford in Bedfordshire to enjoy a lovely lunch where a good time was had by all and the weather was glorious. The music man Terry Watkins still continues to entertain us with music old and new on some Thursdays with the members having a good old sing song. Our current entertainment programme continues until the end of the year and we are busy putting together the programme for next year which we hope will be varied and appeal to all (more news of that in the next issue) so if you are interested in joining us then why not give the Day Centre a call (phone number below).

Just a short paragraph about volunteers we are always looking for members from our lively community to come and give a hand, so whether you are young, old, bored, lonely, out of work or would just like to give something back to your community and can spare an hour or two on a Wednesday or Thursday why not come along and join us. For the older members of the community it is a chance to meet other people and for the younger members a bit of volunteering never did anyone any harm when entered on a CV.

One final paragraph before we end, we are currently putting together a box of small memorabilia to keep at the club for sessions of reminiscing so if anyone out there has old cooking, home or garden items of any era then we would only be too happy to take them off your hands, all donations will be gratefully received. Just drop them into the CARESCO office between 9 & 12 or if it is a Wednesday or Thursday then we will be in the clubroom.

As this is the final edition of the Eye before Christmas on behalf of all the staff and volunteers may we take this opportunity to wish everyone a very Happy Christmas and a prosperous New Year

The Day Centre team
01487 832105

NEARLY NEW

We have been ridiculously busy over the last few weeks and that's just the way we like it! But we are always looking for new customers to buy and sell items for so please come in to see us. We are open on a Friday morning in the CARESCO Centre from 9am - 11.30am. Our coffee shop is also open.

We currently have an abundance of school uniform. Prices are as follows -

- Junior School Logo reversible coat/fleece - £5
- Junior/Infant School logo jumper/cardigan - £2.50
- Grey Trousers - £2
- Grey Skirts - £2
- Grey Pinnafore Dresses - £2
- White Shirts/Blue and White Polos - from 60p
- Summer Dresses - £1.50
- Grey Shorts - £1.50
- Plain Blue/Red Jumpers/Cardigans - £1

With the funny warmer weather, we have a lot of winter coats if anyone would like to grab a bargain! Both the boys and girls rails are also full with great deals for the colder weather.

We have started advertising the Nearly New stock on Facebook in the Buy, Sell and Advertise for Sawtry page and this seems to be going well.

If anyone would like any items, then please take a look at the Facebook photos or if you can't get in to see us on a Friday and would like us to check the stock, then please contact us at nearlynew@caresco.org.uk and we can let you know.

We will be closed over the festive period so from all of us here at Nearly New, have a very safe and Happy Christmas and if we don't see you before, we hope to see you in the New Year.

Nicole, Gill, Clair and Eileen

Going Green

In the last issue I wrote about low energy bulbs and was very excited to get a response from a reader (Mrs Trellis of N. Wales?) who was expressing concerns about the environmental impact of one type of low energy bulbs, ie CFL (or compact fluorescent lamps) that I knew nothing about.

The worry is that the bulbs contain a small amount of mercury which means they have to be handled with care and disposed of carefully. I did know that spent low energy bulbs must not be put into any of our wheelie bins but not why. When they finally fail, bearing in mind they can last ten years or more depending on use, low energy bulbs must be taken to an official collection point for recycling – locally we can take them to the Recycling Centre at Alconbury. There are other collection points, visit <http://www.recolight.co.uk/FREE-Recycling/> and enter your postcode to find our local ones. We have a box under the stairs where spent bulbs live until one day we finally get round to taking them somewhere for recycling (it sits next to the box of dead batteries which we've had for years).

There is no danger from the mercury while it is contained within the bulbs, however should one be accidentally smashed then the advice is to leave the room for 15 minutes while it airs then using gloves, put all the bits into a bag and recycle with your other bulbs. Do not dispose of it with the normal rubbish.

As long as CFLs are recycled properly, they do not pose a problem and they are significantly more environmentally friendly compared to the old-fashioned incandescent bulbs when their complete lifecycle is taken into account from production, transportation and disposal. This is mainly because of the amount of energy each type of bulb consumes while in use during its life.

Low energy bulbs can seem expensive, even very expensive to buy, however when cost is measured over the life span of a bulb, there is no comparison between an incandescent bulb and a low energy one. The Energy Saving Trust estimates that each energy saving bulb will save between £2.50 and £6 a year over an incandescent. Over a ten year life that's a lot of saving!

Whatever the arguments, old-fashioned bulbs will disappear from the shops by next September so we'd best get used to their replacements if we haven't already. And the fact that everyone is using them must only mean they will get better and better.

Eco Apprentice - <http://www.energysavingtrust.org.uk>

SAWTRY HISTORY SOCIETY & THE COMMUNITY ARCHIVE

It was not quite “*déjà vu*” – it was more that feeling when more than one bus comes along at the same time - for in just one month we had the pleasure of enjoying recollections from members of the Townsend family not just once, not twice, but *three* times!

On the 15th October Gordon, our one time Chairman, got the ball rolling when he led a fascinating walk around part of Sawtry. Starting at the Greenfield car park he pointed out the ancient sites of *Sawtry Abbey* and of *Black Horse Drain*, where the salt - that gave Sawtry its name, *Salt-rede* - was unloaded. Then, more recently, the planned location for *Sawtry's railway station*, and the site of the “*London Tip*” railway siding, where he and others used to scavenge for the fruit, veg and other goodies dumped from the London markets when they were no longer saleable!

This fascinating walk continued around the northern part of Sawtry, taking in, amongst others, *St Andrews*, *Cromwell's gun platform*, *the Manor House* - home of Ben Irish, whose horse Papyrus won the 1923 Derby - and ending in *Chapel End*, where William Olyemaker's 1359 chapel was considered fraudulent and had to be closed!

At our meeting a few days later Gordon (who is now planning more walks around other parts of Sawtry), then entertained us with his “*Boyhood Memories*”. Starting with schoolteacher Miss Clarke, he told of his first cigarette; of soapbox trolleys pulled by Floss the dog; of pumping the church organ; of his boys' gang - when, dressed in military uniforms and through binoculars recording military truck movements, they were apprehended by the Military Police! – and on to Conington bomber flights, Land Army girls (don't ask!), and stories of Stan Powell – nick-named “*Linnet*”, but no-one knows why? All in all a great walk with Gordon's not just down his, but also down many other Sawtry resident's, *memory lanes*.

And then finally, for our November meeting, Gordon was joined by sister Marilyn, to tell of their recent visit to the battlefields of France and Belgium. They wanted to find the grave of their uncle, George Cullip, killed near Ypres in WW1, and also to remember their grandfather, Herbert Rowell, sadly killed two weeks after arriving in France. A memorable highlight for Gordon was, when carrying a British Legion banner; he took part in the moving daily ceremony at the Menin Gate. Their photographs contrasted Ypres today with the total destruction during the war, and also confirmed how well cared for are the hundreds of military cemeteries in the area. The picture of Uncle George's grave at Lissenthoek was moving but perhaps those of the Tyne Cot cemetery were the most moving - named after the river Tyne it is the largest military cemetery in Europe, with over 11,000 graves and the names of 34,000 missing soldiers.

There is no December meeting, though we do have a Christmas Lunch at the Addison Arms on the 8th. In the New Year our first meeting, Thursday 19th January, will be a talk on a Bronze Age Mystery at Flag Fen – 7.30pm at the WI Hall, Gidding Rd – and everyone is welcome, non-members £1.50.

(P.S. We promise that Gordon will not be playing Father Christmas at the Addison Arms!)

Allan Bamford, SHS (Registered Charity 294789)

Secretary 01487 834551

FAIRTRADE MAKES IT A MERRY CHRISTMAS - FOR EVERYONE.

Chestnuts roasting on the open fire, snow is settling outside and bells can be heard in the distance. You guessed it – it's Christmas and not any old Christmas, this is going to be the fairest of them all.

George Alagiah, Patron of the Fairtrade Foundation, said: 'What could be better than receiving a present you will enjoy and has also brought benefits to the people who produced it?'. Let Fairtrade make your Christmas truly festive this year and spread the joy - giving you and your family a special time and giving hope to farming families in developing countries around the world.

Start the countdown to Christmas with a Fairtrade chocolate advent calendar

Get the party started with Fairtrade beers, wines and spirits - not to mention a wide range of fruit juices and other non alcoholic drinks

Enjoy a vast array of tasty food made from Fairtrade ingredients, especially nuts, fruit and chocolate

Buy a Fairtrade Christmas pudding or make your own pudding from Fairtrade ingredients. and don't forget to leave Santa a Fairtrade mincepie

Why not make it your New Year resolution to be fairer in 2012? To find out how visit the Fairtrade Foundation at www.fairtrade.org.uk, or help make Sawtry a fairer place by getting involved with the Fairtrade steering group. Call Sally at the Parish Office on 01487 831771 or Liz on 01487 830345 to find out more.



SAWTRY & DISTRICT BRANCH ROYAL BRITISH LEGION

This has been quite an eventful year for us, it being the 90th Anniversary of the Royal British Legion. We started in April with a Quiz Night, then in May we took 15 members to the National Arboretum in Staffordshire where we had a very pleasant day out. In June, we had a Bingo then on to the Sawtry Carnival at which we recruited a number of new members. It was just before this that we started thinking about and organising our 1940s Day for the 10th September. This was a good day at the Ex-Service and Working Men's Club with very interesting displays completely filling the inside and a very good selection of Military and Classic Vehicles, cake stalls and cooking demonstrations, 1940s dancers and BBQ etc all outside. In the evening we had a Swing Band. All in all this turned out to be an excellent day and evening from which we received a lot of positive feedback. All of the proceeds from these events, which amounted to more than £1600, were donated to the 90th Anniversary Fund.

In October, through the good patronage of Mr Clive Rothwell of Sawtry Village College, we arranged for a Legion Representative to visit the College and give a presentation about the work of the Legion to a large number of the students. This was received with great interest and appreciation.

Also in October, I attended the very interesting 1940s weekend at Connington, at which I had the assistance of the Stamford Branch RBL who brought down their presentation trailer, which was greatly appreciated and helped me in raising another £200+ for the start of the 2011 Poppy Appeal.

We are now in November as I write and have had our AGM. Our membership has now risen to just under 60 members. At this meeting our chairman, Mr Tony Nickerson expressed his wish to stand down from being our Standard Bearer, to give younger members the opportunity of taking on this privileged position. We now have two younger members who have volunteered to take on and share the responsibilities of that position. We also decided that we needed to form an events committee and have four members for that but we would like more to share the load of creating and organising future events. We have already committed ourselves to 8th September 2012 for our late summer event.

Further to the October presentation at the College, it was requested that we do something similar at both the Infant and Junior Schools and to that end I recruited Mrs Dorothy Fowler who gave a very good, appropriately modified, presentation which again was very well received by the children.

We have now had our 2011 Remembrancetide. A few Legion Members attended Wood Walton Memorial where we carried out a short service and were joined by a Ramsey Standard Bearer, Mr Jack Crompton. We then returned to Sawtry to join the Parade which was very well attended by representatives of the Legion, Parish Council, Children and Leaders of all of the Youth Organisations, Catholic Church, Bowls Club, Women's Institute, Fire Service, Ex-Service Club and other Parishioners. The Parade was commanded by WO. Steve Poulton, who marched us up to All Saints Church, where we held a Service taken by the Bishop of Huntingdon, who I felt made it very interesting, particularly for the children by actually involving them in a very practical way. We were provided with appropriate music from the Bag Pipes of Mr Gary Kernaghan who also Piped the Parade back to the Club, which did have the effect of keeping us in step. The rest of that afternoon for a number of Legion Members was taken up by Parades and Services at St Andrews Cemetery, Connington Memorial, Holme Memorial and Church and Gidding Church.

Unfortunately I cannot give you details of Donations received as we will not be undertaking the count until after this item has been submitted. However, I was asked by Mr Rothwell, of the Sawtry College if I could collect their donation pots as they were bursting at the seams and the Students were very keen to know how much they had raised. I had provided them with three pots and they filled them all, two had more than £200 and the other just under but gave a total of £689.87. This was more than £200 over last year. They achieved this in different ways, including making and selling cakes that had a Poppy influence and one student, who is very involved with military re-enactment, turning up in a WW1 Uniform.

I cannot name everyone involved with this Remembrance, but you know who you are and what you have done, so THANK YOU ALL, for your efforts.

We are always looking to recruit new members, anyone interested in assisting with Fund Raising, Poppy Appeal Collectors (it doesn't take over your life) and to receiving ideas and information about anything we can use for events and entertainment.

Once again, many thanks

Contacts:- Stewart Wylie 831458 Chair of Events Committee / Tony Nickerson 831316 Branch Chairman / Allan Fowler 830806 Poppy Appeal Organiser / any other known member.

Sawtry All Saints Graveyard

As you may have noticed, a group of hard working volunteers have been clearing the graveyard around All Saints Church over the past couple of months. They have even found 'lost' graves that did not appear on the 2001 survey. Why not take the opportunity to have a look and see the results of all their efforts?

Our thanks to all those involved for giving their time and energy to this community project.

Sadly not everyone has appreciated the work that has been done and Sawtry Eye has received the following letter from one of the volunteers:

It has been noted that a small number of people have been letting their dogs off the lead when they have been going to All Saints. Me & my family and some volunteers have been cleaning the graveyard, it has taken some time and we are getting there.

We are getting very fed up with people letting their dogs mess in the churchyard and in people's graves, it makes us all upset. Some people do not have the respect for the dead. Every week-end we go to the churchyard and have to clean up the mess. It has been nice to see people with their dogs who stop to say the churchyard looks good.

Also there are a small number of people leaving larger cans. The churchyard is not the place to hang out. So please put your rubbish in the bins.

Some of us will be at the churchyard on and off in the week and in the wintertime checking for dog's mess. So please respect the churchyard and the dead. Thank you.

Julie Morgan - Park Road, Sawtry

OUR NEW RECTOR

On the 9th October the Bishop of Ely officially announced the appointment of the Reverend Rosemary (Rosie) Ward as the new Rector for Sawtry & Glatton.

The Bishop of Ely will Institute and the Archdeacon of Huntingdon and Wisbech will induct Rosie as Rector of Sawtry and Glatton at a service to be held at 7.30pm on Tuesday 24th January 2012.

We all look forward to Rosie and Malcolm joining us, to lead us forward in our day-to-day Ministry.

A LETTER FROM ROSIE

I was born and grew up in Oxford, where my parents still live, and from there went to study in London, and Liverpool. I have lived and worked in Leicester, Bristol, Blunsdon (a village near Swindon), Leamington Spa and currently the village of Wardington, near Banbury. I'm looking forward to starting another new page in my visitors' book when I move to Sawtry.

I went to Sunday School as a child, and came to a mature faith when I was 18. I was ordained in 1994, and served in 3 different parishes in Bristol diocese (outer estate urban priority area, suburban, and rural) before moving in 2005 to be a Leadership Development Adviser for CPAS (Church Pastoral Aid Society). This involved training lay and ordained leaders in leadership, leading weekends for those thinking about ordination and looking after the particular concerns of women leaders/clergy. During my 6 years at CPAS I have also served my local churches: a village church near Leamington, and then in Wardington.

I love the out of doors; recent holidays have included walking sections of coastal paths, and days off in good weather often involve a country walk and a tea shop! For the last couple of years I have been learning to 'grow my own' fruit and veg. Lunch today, of soup made with home grown tomatoes, followed by apples straight off the tree – wonderful! I'm passionate about the environment and the challenges we face as a planet, so want to do my bit – and enjoy the sunshine and exercise at the same time. I also enjoy music, both listening and singing. I've played my guitar for worship on and off for many years.

I'm married to Malcolm, who trained in electronics in the RAF; he's therefore a whizz with things electrical – and in fact most aspects of DIY, which is very useful. He is also a trained counsellor and has volunteered with several Christian counselling and prayer ministry agencies. He is a Lay Minister too.

Finally we have a very fine cat called Milly, who could be looking forward to chasing squirrels in the churchyard and helping to keep the local mouse population under control.



ALL SAINTS' PARISH CHURCH Church Causeway, Sawtry

SUNDAY SERVICES

December

4 th	8.00 am	Holy Communion (BCP)
	10.30 am	Christingle Service
11 th	10.30 am	Holy Communion
18 th	10.30 am	Carol Service and Family Nativity
18 th	6.00 pm	Service of 9 Lessons and Carols
24 th	Midnight	Holy Communion
25 th	10.30 am	Christmas Service at the Methodist Church

January

1 st	8.00 am	Holy Communion (BCP)
	10.30 am	Family Worship
8 th	10.30 am	Holy Communion
15 th	10.30 am	Morning Prayer
22 nd	10.30 am	Holy Communion
24 th	7.30 pm	The Induction Service of Rosie Ward
29 th	10.30 am	Rosie's First Service

GIFT DAY

The Gift Day in church was a great success with the history display and the children's activities in the afternoon. To date £1,109.65 has been received which will go towards furthering the work of the church within our village. The PCC would like to say thank you to all those who contributed.

CONCERT BY THE SAWTRY CHORALE

The Sawtry Chorale will be holding a concert in church on Saturday 17th December. Tickets will be on sale early in December and will be £6 each.

SAS KIDS' CLUB

For all children aged 4-10. The SAS Kids Club will meet at 10.15am on the 11th December and 8th and 22nd January at the home of Allison Scott. After school Kids Club will meet at the Sawtry Infant School on Tuesday 13th December and the 10th January from 3.00 - 4.30 pm.

SATURDAY OPENING

The Church is open every Saturday from 2.00 to 4.00 pm. Do come along and see your Church and enjoy a cup of tea and a chat - a warm welcome awaits you.

CHURCH SERVICES DURING THE VACANCY

The church is still open on Sundays. We have various visiting clergy to lead us in our worship. Do try and come along to the Christingle service which is very family orientated. During the carol service on the 18th December, the Family Nativity play is a must for the children, where they have the opportunity to dress up and take part. Don't forget the service of 9 Lessons and Carols to get you into the Christmas spirit. Check the notice boards outside the Rectory and the Church for details.

FOR FURTHER DETAILS RING THE CHURWARDENS:

Mr. Neil MacKinnon 832661 Email: np.mackinnon@tiscali.co.uk

Mr. Pete Ayres 832503 Email: ayrpet@aol.com

Websites: www.sawtryallsaintschurch.co.uk
www.achurchnearyou.co.uk

There is always a warm welcome at All Saints'.

Sawtry Methodist Church

Green End Road, Sawtry, Tel 01480 830314

SUNDAY SERVICES

Morning Worship at 10.30am
Sunday School at 10.30am

SPECIAL SERVICES

All Age Worship

18th December – 10.30am

Candle-lit Carol Service

18th December – 6pm, Led by Rev Katy Dunn

Christmas Day

United Service - In the Methodist Church

Covenant Service

1st January

Led by Rev Katy Dunn

SATURDAY COFFEE MORNINGS

9.30 – 11 am

with Cake Stall

All proceeds towards the building fund

Traidcraft goods also on sale



St NICHOLAS PARISH CHURCH

Church Road, Glatton

SUNDAY SERVICES

December	4 th	10.30 am	Morning Prayer (BCP)
	11 th	9.00 am	Holy Communion
	18 th	4.00 pm	Family Candlelit Carol Service
	24 th	11.00 pm	Holy Communion
January	1 st	9.00 am	Morning Prayer (BCP)
	8 th	9.00 am	Holy Communion
	15 th	10.00 am	Holy Communion
	21 st	9.00 am	Holy Communion
	28 th	9.00 am	Holy Communion

Friday 16th December

Charity carol singing around the village starting at St Georges at 7pm.

Sunday 8th January

There will be a New Year Lunch in the Village Hall 12.30 for 1pm. including a bar and raffle, in aid of the repair fund for St Nicholas. Tickets £10 from PCC members.

Glatton Adventurers for 4 - 11s

Meet in the Village Hall on 4th December at 10.30 am.
More details from Shirley Dewar – 831651.

**FOR FURTHER DETAILS RING THE CHURCH WARDEN:
Shirley Dewar 01487 831651**

R E M E M B R A N C E

The Sawtry and District Branch of the Royal British Legion remember the fallen throughout the year. In December and January we particularly remember:

DECEMBER		
Private Albert Edwin GINNS	15 December 1916	Sawtry
Private Ernest Sam ALLEN	20 December 1916	Wood Walton
Lance Corporal Alfred PAYNE M.M.	1 December 1917	Sawtry
Private Harry James BUTT	30 December 1917	Glatton
Private Walter HODSON	30 December 1917	Sawtry

JANUARY		
Private Frederick ROSE	7 January 1916	Winwick
Private Charles JARVIS	21 January 1917	Hamerton
Bombardier Thomas Eric DRING	25 January 1942	Sawtry

THOSE FROM WORLD WAR 1 WHOSE DATE OF DEATH IS UNKNOWN

Private B. BURROWS	Holme
Private C. BURTON	Holme
L. HOWE	Hamerton
James JARVIS	Old Weston
A. SMITH	Winwick
Harry TURNER	Old Weston

THOSE FROM WORLD WAR 1 WHOSE DATE OF DEATH IS UNKNOWN

Sergeant Edward CHAMBERS	Old Weston
John Thomas COLBERT	Sawtry

They shall grow not old as we that are left grow old,
Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning,
We will remember them.

A REAL CHRISTMAS?

Do you like a real Christmas tree, or an artificial one? Whichever you prefer, they look great. Tinsel, baubles, and those decorations made at pre-school or in Reception, all hanging on the branches. Family and friends relax in the glow of the twinkling fairy lights (old fashioned or fibre optic!). At my last church we got an eight foot artificial tree. It looked just like a real tree, and it was a lot less mess. No dropping pine needles to vacuum up, no need to water it, and come the New Year it was dismantled and put away in its box again. But something was missing. A real tree has that tangy pine smell, unmistakable. And a real tree is an evergreen symbol of life, in the middle of the darkness of Winter.

Sometimes our celebration of Christmas is like an artificial tree. There's glitter and glamour, but no life. And when Christmas is over, back it goes in the box, leaving no scent behind it.

We want our Christmas to be a time for togetherness, when all our differences are laid aside for a while, and all the family enjoys themselves. We want everyone to be happy. Our celebrations go beyond our own four walls to the lonely and the isolated; the frail and the housebound. We invite them in to the family circle, so they won't be on their own.

Let's go on including our friends and relatives, long after the decorations come down. Then the warmth and love of Christmas lives on, lighting up our lives!

Revd Katy Dunn

CLEARING SNOW AND ICE FROM PAVEMENTS YOURSELF

There's no law stopping you from clearing snow and ice on the pavement outside your home or from public spaces. It's unlikely you'll be sued or held legally responsible for any injuries on the path if you have cleared it carefully. Follow the snow code when clearing snow and ice safely.

The snow code - tips on clearing snow and ice from pavements or public spaces

If you clear snow and ice yourself, be careful - don't make the pathways more dangerous by causing them to refreeze. But don't be put off clearing paths because you're afraid someone will get injured.

Remember, people walking on snow and ice have responsibility to be careful themselves. Follow the advice below to make sure you clear the pathway safely and effectively.

Prevent slips

Pay extra attention to clear snow and ice from steps and steep pathways - you might need to use more salt on these areas.

Clear the snow or ice early in the day

It's easier to move fresh, loose snow rather than hard snow that has packed together from people walking on it. So if possible, start removing the snow and ice in the morning. If you remove the top layer of snow in the morning, any sunshine during the day will help melt any ice beneath. You can then cover the path with salt before nightfall to stop it refreezing overnight.

Use salt or sand - not water

If you use water to melt the snow, it may refreeze and turn to black ice. Black ice increases the risk of injuries as it is invisible and very slippery. You can prevent black ice by spreading some salt on the area you have cleared. You can use ordinary table or dishwasher salt - a tablespoon for each square meter you clear should work. Don't use the salt found in salting bins - this will be needed to keep the roads clear.

Be careful not to spread salt on plants or grass as it may cause them damage.

If you don't have enough salt, you can also use sand or ash. These won't stop the path icing over as well as salt, but will provide good grip under foot.

Take care where you move the snow

When you're shovelling snow, take care where you put it so it doesn't block people's paths or drains. Make sure you make a path down the middle of the area to be cleared first, so you have a clear surface to walk on. Then shovel the snow from the centre of the path to the sides.

Offer to clear your neighbours' paths

If your neighbour will have difficulty getting in and out of their home, offer to clear snow and ice around their property as well. Check that any elderly or disabled neighbours are alright in the cold weather. If you're worried about them, contact your local council.

Friends of Hinchingsbrooke Hospital

Registered Charity 20889

Our aim is to provide a link between the hospital and the community it serves, to raise funds and receive gifts for the purpose of supplementing, in such a manner as the Friends see fit, the services already provided.

The object is to fill the gaps.

We raise funds to purchase items to make Patients' stay in hospital more comfortable.

We are always looking for ways to raise funds – every little helps.

Are you interested in joining this small group?

Do you have any skills or fresh expertise to offer?

If so we would like to hear from you.

We meet on the first Monday of the month

10.30am – 12 noon in the hospital

FUTURE ACTIVITIES 2011

7th & 8th December A 2 day seasonal stall in the Treatment Centre

If you can help or have quality items to contribute in any way please contact the chairman for further information Mrs Patricia Butcher, 14 Sweetings Road, Godmanchester, Cambridgeshire PE29 2JS
Tel: 01480 451815

GENERAL INFORMATION

All information has been taken from the Citizens Advice Bureau website at <http://www.adviceguide.org.uk>.

ARE YOU BEHIND WITH YOUR ENERGY BILLS?

Recent energy price rises, along with other rising costs and falling incomes, have left many people struggling to pay their energy bills. With the extra cost of winter heating bills ahead, many more people may go into debt to their energy supplier.

It can be daunting to be unable to afford your bill, with many people unaware of where to turn for help and what their next steps should be. That's why Consumer Focus and Citizens Advice are launching the joint campaign, '**Plug the Debt**'. The aim is to help you find out what to do and what your rights are when you fall behind on their energy bills.

Consumer Focus and Citizens Advice are making people aware of the following 5 top tips if they fall behind with their bills:

1. **always contact your energy supplier as soon as you realise you might have trouble with paying.** Debts will build up and be harder to pay off the longer you leave them. Your supplier has a responsibility to help you if you have problems paying your bill
2. **tell your energy supplier what you can afford to pay** – they have to take this into account in agreeing repayments of the money you owe
3. ask your energy supplier, your local Citizens Advice Bureau or call the Home Heat Helpline 0800 33 66 99 to **find out about other free energy help available.** For example you could qualify for a discount off your bill or free insulation to help your home stop leaking heat and cut your bills
4. **even if you're in debt, you may still be able to switch to a cheaper deal** with your current supplier, especially if you pay by cash, cheque or pre-payment meter. If you pay by pre-payment meter and have less than £200 of debt you can also switch to a cheaper deal with another supplier
5. **financial help is available which could make it easier to afford your bills** - check you are receiving all of the benefits and tax credits you are entitled to by getting in touch with your local Citizens Advice Bureau.

WHERE TO GO FOR HELP

Your local **Citizens Advice Bureau** can offer impartial information, advice and help if you are struggling with your energy bills.

Consumer Focus has a range of online help and advice. See their energy help section for leaflets on what to do when you're having difficulty paying your bills, also a template letter to send to your supplier if you're finding the amount they are asking you to repay each month / quarter difficult to afford.

Your local **Age UK** could offer advice and information if you're having trouble paying your energy bills, tell you about help available and check whether you may be entitled to cash benefits and to low cost or no cost home improvements.

Further independent advice on energy issues is available from **Consumer Direct** on **08454 04 05 06** or **01604 640 371**.

Your **energy supplier** has to help you to repay the amount owed at a rate that's affordable to you.

You can contact **Energy Saving Trust** on **0800 512 012** or the **Home Heat Helpline** on **0800 336699** for advice on saving energy and grants and schemes available to help make your home warmer and save you money.

For more information please contact Huntingdon Citizens' Advice Bureau on 01480 388900

WHY PAY WHEN YOU DON'T HAVE TO



Cambridgeshire
County Council

Each month at Trading Standards we receive enquiries about things people have paid for that they could have got for free. In this article, we give advice on where you may be able to save unnecessary expense.

Warranties and Guarantees - When you buy goods, whether on their own (like a washing machine) or as part of a larger piece of work (such as a new bathroom installation), by law those goods must be of "satisfactory quality" and be "fit for their purpose". They must be of a standard that a person would expect, bearing in mind the price paid, and be free from minor defects, be as described, and last a reasonable length of time for a product of that type. So if, for instance, the normal life of a washing machine is 5 years and yours stops working after two years due to a defect, you may be able to claim for a repair or replacement from the business you bought it from. This is the case regardless of whether you bought a warranty or guarantee. So consider carefully whether a warranty gives you anything extra.

Claiming from your debit card or credit card - If you are in dispute with a trader, instead of taking them to court, find out whether your bank may be able to help you. If you paid for something on a **debit card** and there turns out to be problems with the purchase, many banks offer a 'chargeback' scheme where they refund you. Furthermore, if you pay for something worth over £100 and pay for at least some of it on your **credit card**, the credit card company is equally as responsible as the business that breaks its contract with you. So, if your holiday isn't as it was described, if your new dining table arrives damaged, or if your new TV breaks down soon after purchase, you can insist that your credit card provider helps you if the shop won't. This is even the case if you have paid off the amount you put on your credit card.

Personal Protection Insurance - We have received a number of reports about companies offering to claim compensation for the mis-selling of personal protection insurance on residents' behalf, whether in relation to a loan, mortgage or credit card. This is actually something you can do yourself. The Financial Ombudsman has produced a leaflet which is available on www.financial-ombudsman.org.uk on how to make the complaint yourself. If you don't have access to the internet, you can contact the Financial Ombudsman for advice over the telephone on 0800 0234567.

European Health Insurance cards - Even though some companies sell them, you can actually obtain a European Health Insurance Card (EHIC) free of charge which entitles you to medical treatment that becomes necessary, at a reduced cost or sometimes free, when visiting a country in the European Union, Norway, Switzerland, Iceland and Liechtenstein. This is limited to treatment provided under the state scheme and you will need to produce your EHIC card. Visit www.ehic.org.uk to find out more and apply.

Legal advice - There are many sources of free legal advice available to residents. Trading Standards, in partnership with Consumer Direct, offers advice to residents on issues with businesses. Visit www.cambridgeshire.gov.uk/consumer to see how we can help you or call us on 0845 4040506. The Citizens Advice Bureaux offer advice on a wide range of issues including debt, benefits, employment, housing and family issues. Visit www.citizensadvice.org.uk or call 08444 111 444. Also, many people can get free legal advice under their home insurance policies; check yours to see if you can get assistance.



SAWTRY COLTS FC

COME ON GIRLS

LET'S SHOW THE BOYS HOW IT'S DONE

Sawtry Colts FC. are short of girls for some age groups this season, so if you are a budding soccer star with nowhere to show off your skills why not checkout the website www.sawtrycolts.co.uk for all the contact details of the managers in your age group



Wildlife Trust – Huntingdonshire Local Group

www.wildlifetrust-huntsareagroup.org.uk/

CHRISTMAS SPECIAL - WEDNESDAY 14TH DECEMBER 2011

This year at our Christmas Special Pat Doody will entertain us with a short presentation on the wild-life of Islands and Jo Thomas on Ecuador.

Pat has particular expertise in coastal ecology and will take us on a fascinating journey from the Arctic to the Equator stopping at islands along the way, such as Spitsbergen and Galapagos.

Jo will take us from the Amazon, to the western Andean forested slopes and onto the high paramo grasslands, introducing us to Hoatzins (known as Stinky Turkeys), Tanagers and Tapaculos along the way.

As usual this will be supplemented by mince pies, wine and a Christmas raffle.

ON THE TRAIL OF TINY MAMMALS - WEDNESDAY 11TH JANUARY 2012

Sara Churchfield, who lectures in zoology at King's College, London, has a particular interest in the ecology of small mammals and is best known for her research on shrews, which has taken her from Hampshire's watercress beds, to the forests of Siberia and even the African Savannah. Sara will enlighten us on the secret lives of these numerous and ubiquitous creatures that occupy all kinds of habits from woodlands to riversides and gardens.

All meetings start at 7.30pm at Brampton Memorial Hall, Thrapston Rd, Brampton, PE28 4TB

Part of the Wildlife Trust for Bedfordshire, Cambridgeshire, Northamptonshire and Peterborough. Registered Charity No: 1000412



SAWTRY CRICKET CLUB



www.sawtry.play-cricket.com

www.outsidestructuresolutions.co.uk/sawtrycc

The club held its annual end of season presentation night on 7th October at Sawtry Working Men's Club. Club President Mrs Pam Tuplin, Mrs Gill Green, and our main club sponsors Outside Structure Solutions and Angel Spice Stilton, were on hand to make the presentations along with ABK Engineering who generously provided a number of individual performance bonuses for the club's junior players.

The Senior section award winners were:

	<u>Captain Player</u>	<u>Players' Player</u>
1 st XI	Glyn Smith	Luke Smith
2 nd XI	Chris Brown	Josh Burgess
3 rd XI	Dean Harris	James Wiltshire

The clubman of the year award was won by Ian Fowler while performance awards for the highest batting and bowling figures were won by Hayden Bream (153no) and Andy Fowler (9-16) respectively.

For the Junior section, Oliver Potter won the Junior Player of the Year award while Daniel Wolstencroft was awarded the Most Improved Player. The Under 13's awards went to Kieran Page (Manager's award), Ben Lomas (Batsman award), James Smith (Bowling award), and Thomas Smith (Fielding award). First year medals were presented to James Allis, Thomas Gargiulo, Holly Gregory, Sarah Leader, Robert Foxtton, Dan Metcalfe, and Deke Ringrose to commemorate their debut season with the club. There were also participation awards presented to Bethan Smith, Madison Leader, Holly Gregory, Sarah Leader, Joshua Brown, Joseph Shaw, Daniel Wolstencroft, Alex Adamson, Thomas Gargiulo, Robert Foxtton, and Lewis Whitmore.

The club would also like to thank all those who helped make the recent race night such a success. A big thank you to Pleiades, SRD-Spirotech Group, Learning Bears Preschool, SANPAR International, Outside Structure Solutions, K Cooper Motors, and P&M Pumps for sponsoring the races, and especially to ABK Engineering for sponsoring the whole evening.

THANKS TO OUR SPONSORS



www.outsidestructuresolutions.co.uk - 0844 561 7679
www.angelspice.co.uk - 01733 244373



SAWTRY COLTS

Some much-needed rain has at last fallen on the parched grass of Greenfield, the cracked earth is being filled by barrow loads of topsoil and Sawtry Colts are beginning to slowly return from the faraway fields of Yaxley to once again resume playing football in their own village.

We follow that good news with more as I am delighted to report that the two newest and youngest teams in the Colts, the Under 7 Yellow Sox and Under 7 Blue Sox, have both enjoyed their first victories in the last month. The Yellow Sox broke their duck in some style with an 11-1 victory, whilst the Blue Sox, after coming up one shy in an 11 goal thriller two matches ago, finally achieved their maiden win in their following game when they came out top in another fantastic match eventually prevailing in a 7-6 win with one budding young goalscorer netting all 7 Sawtry goals. In true Olympian spirit it is always nice to take part but even better when taking part brings some success.

Youth football is all about development and now the two Under 7 teams are up and running it will be interesting to see how they develop over the years.

Two teams who have been playing for a few years are the Under 9s and the Under 11 Yellows both managed by Russell Armstrong. The Under 9s have played four matches and all have been exciting high scoring games. The season started with a hard fought 3-3 draw at Stilton, then a big team effort to beat Priory Parkside 3-2, a 6-3 win at St. Ives having been 3-1 down and, most recently, a 5-5 draw at Bluntisham where both teams had a two goal lead that was clawed back. The goals have been shared between Harry Hinch, Harvey Gargiulo, Jack Crabb and Matthew Church, who was player of the month for September, and Cameron Fisher, who was also player of the month for October. The team play fortnightly in the Hunts Mini Soccer League and are sponsored by A&G Heating. For more information, contact Russell on 07780 867679 or check out our website at www.sawtrycolts.co.uk.

The Under 11 Yellows have struggled in a new league with heavy defeats at the beginning of the season. However there has been a marked improvement since October despite further defeats, 2-0 to Whittlesey, 3-0 to Ramsey Jaguars, 3-0 to Staploe & Duloe and 11-0 to the current cup holders Priory Parkside. Oliver Waters has been our star performer being player of the month for both September and October, but there have also been some very good efforts, notably from Aiden Moser-Wager, Brandon Cross, Oliver Baig, Lewis Gadsby and Andres Ponte. The Under 11 Yellows play weekly in the Hunts Youth League and are sponsored by Wedge/East Anglian Galvanised Steel.

Football at the top level is an expensive business and in relative terms running the number of Colts teams we currently have can also be costly. There are league affiliation costs, pitch fees for using Greenfield (or Yaxley in recent times) and monies to the sports centre for use of the astro during the dark nights for training. Throw in costs for the all important man (or woman) in the middle and add in equipment costs for goalposts, footballs and the like and you get the idea that running a club as big as Sawtry Colts does not come cheap.

The Colts are the masters of the BBQ and you will no doubt have seen them around at various village events which brings in some much-needed funds but, after match and training fees from the players, by far the biggest providers of support are the many local companies who provide sponsorship to enable the teams to buy new kit for that growing bunch of kids who are known as Sawtry Colts. If you are interested in providing any sponsorship for the Colts contact details for the Committee and for all the teams can be found on our website, www.sawtrycolts.co.uk.

MERRY CHRISTMAS & A HAPPY NEW YEAR

To all our readers & advertisers, From everyone at the Sawtry Eye

Thank you for your support throughout 2011

SAWTRY FOOTBALL CLUB

Sawtry Football Club runs two adult teams that play on Saturday afternoons and one that plays on Sunday afternoons. Home matches are played at Greenfield.

The Saturday First team play in Division one of the Peterborough and District Football League and are currently in 8th place. The Saturday Reserve play in Division five of the same league, they are currently in second place. The Sunday team play in the Peterborough Sunday Afternoon League.

Forthcoming home fixtures are as follows:

3 December	First team	v	Long Sutton Athletic
10 December	First team	v	Warboys Town
17 December	Reserves	v	Riverside Rovers Reserves

All K.O. at 2 p.m. so come down to Greenfield and support your local teams.

Any players aged 16 or over, particularly any goalkeepers, who would like to play can contact the Secretary on 07719641431

SAWTRY & DISTRICT BOWLING CLUB

This is the time of the year when we experience the annual changes of club management; we have had our AGM and the new (well, some new and some old) members of the management team are starting to realise what they have taken on. The Club was reported to be in very good shape financially, administratively and not least on the green. It is a fact that with the exception of the Men's B Team (who won their league) there were no other wins in any team competitions. However there were an extraordinary number of runners - up; the Over 60's C Team finished a creditable 5th in their league, with all other teams being runners up, a very good season for the Club. The icing on the cake is of course the continued advancement of the Junior Section, under the guidance of Bernie Shannon and Mark Campbell; some of the lads have already taken their places in the senior league teams - Well done lads. The match against a southern county touring team raised £500 for local charities and the Sykes Vase competition organised by the club continues to attract new entrants.

The Club's financial stability enables the subs to be frozen for next year

The President next year is Kevin Bowers (a well earned honour!), and Vice President is Maureen Urwin. Roy Bennett stepped down after serving 7 years as Club Chairman, and overseeing the rapid development of the Club during those years - Thank you Roy!; he is being replaced by Nicki Herbert - Nicki is a relative new comer to the club and we wish her well in the position; she has a hard act to follow but we're sure she will do well. The remaining Officers are unchanged.

The new Management Committee will comprise - Sandra & Derek Deller, Iain Hamilton, Jean Garner, Pam Martell, Sue Rayson and Mick Worsnam.

The team captains will all be familiar to you - Ladies Team Captains are Mary Bennett and Nicki Herbert; Men's A Team Captain Kevin Bowers, B Team Captain Dougie Urwin, and the Over 60's A team is being taken over by Sandra Deller - all others are remaining in post - we wish them all every success.

Finally, don't forget Race Night on 10th December, your support is needed - contact Kevin (what would we do without him?) and Christmas Lunch on Sunday 18th December - Geoff's cooking is very popular. Tickets are selling fast and seats are limited, so get your order in early.

A Happy Christmas and a joyous New Year to you all. KIP

For more information please contact Mick Rayson on 01487 830720



SAWTRY CRICKET CLUB

Quiz Night

On Friday 9th December at the Sawtry Working Men's Club

Starting at 19.30 - Entry is £10 per team with maximum of 5 people per team

For more detail contact Ian Fowler 07545 882994

SAWTRY LADIES HOCKEY

It's the start of a new season, and after winning the cup last season against Cambridge South, SLHC is raring to go!

The first league game of the season suffered a loss against newcomers Rutland, who are expected to do big things in the league. The game included a penalty save from Karen Whatley and numerous near misses. Spectators say it's staggering we didn't manage to get a goal! Rutland showed signs of fatigue in the second half, but Sawtry kept up their game (maybe because of our extra fitness sessions!). We didn't give up without a fight, as proven by Vicki Harvey who took a blow to the face. The things we do for the love of hockey! There were many great performances but the stand out and player of the match was skipper Stephanie Keane, who captained her first league game of the season.

The second match ended 3-2 to Cambridge Uni, but what a game it was! Goalless at half time, Tasha Darrington came through with the first goal, and went on to score a second, brilliantly set up by Kerry Graham. It was a non-stop battle from end to end, very exciting to watch. The player of the match was, for the first time ever, a 4 way tie with equal votes for Tasha Darrington, Stephanie Keane, Kerry Graham and Charlotte Browning which shows the quality of the teams we are fielding!

So far the rest of the season has been a mix of wins and losses, including 2-1 to Sawtry against St. Ives. With an order from birthday girl Karen Whatley to win, Sawtry came through with further goals from Kerry Graham and Annika Welman- who are having an excellent season. New-comer Francesca Charlton picked up player of the match, as she has done many times so far- showing great promise!

Our best win of the season so far was against last season's cup finalists, and we certainly proved why we beat them in the final! Goals from Annika, Kerry and a well thought through and executed penalty flick from Tasha ensured our win! The end result was 4-2 with Annika picking up player of the match.

We feel it's going to be a promising year for Sawtry with a great team behind us. Well done and come on SLHC!

Our recent move to Oundle has proved a great success as we have attracted many more talented hockey players. So much so that we now have separate training times for juniors and seniors: Junior training will now be from 7-8pm and Senior Training will be from 7.30 - 9pm every Tuesday. This will enable Elliott, our coach, to tailor the coaching to each session- and all players will receive quality coaching to improve their game.

TRAINING- Oundle School Astro's off Glaphorn Road. 7-8pm or 7.30-9pm, matches are held on Saturday mornings. We welcome players of all age and ability. We will continue to train into April, so if anybody is interested in coming along please call Steph on 07900926372 or Charlotte on 07891188083.

AMERICAN FOOTBALL WEEKLY

HUNTINGDONSHIRE DISTRICT FLAG FOOTBALL LEAGUE (HDFFL)

Find us on Facebook by searching 'American Football Weekly'. Click 'join group'. It is completely free. American Football is one of the fastest growing sports in the UK.

NO EXPERIENCE REQUIRED!

Seen American Football on TV? It is great fun to play. The experienced veterans are there to help you learn the game and improve after every play. Even if you are new to the sport you can make an impact on your team.

Have you played American Football before, in any form? Our long-term goal is to set up a Huntingdonshire District Flag Football League (HDFFL) – join the Facebook page and see when our next event is happening.

Our venue at present is St. Judith's Field, Sawtry, PE28 5XE.

We recommend ages 14 and up. Bring as many friends as you want. Anyone under 18 must have a signed letter from their parent/guardian stating that they have permission to take part in this Semi-Contact sporting event where competitors are aged 14 and up. Call for more information.

It is completely FREE and it is FUN.

You need to wear:

Football boots (for traction), Shorts or Tracksuit bottoms, any shirt/jumper/jersey.

Join our group, 'American Football Weekly' and confirm your attendance. We usually play once a weekend.

Darius McDonald - Founder of American Football Weekly and H.D.F.F.L. - 07725 908 356



SHUNRYU KENPO KARATE ACADEMY EST. 2000

NEWS

NEW Official FACEBOOK Page - Just search 'SHUNRYU KENPO' and like our page. Alternatively pop along to www.shunryu.co.uk and like our page from there.

@ THE OLD SCHOOL HALL SAWTRY

Autumn & Winter Sessions - Monday and Tuesday classes will be held at the Shunryukan Honbu Dojo as usual. Fitness Booster and Kata Sessions will alternate weekly from guided runs and treadmill workouts. Instinctive Kenpo Method still utilizes Focus Pad and Heavy Bag Work.

More NEWS @ www.shunryu.co.uk

October Gradings saw: Emily Edmett test for her Purple Belt - Scott Markwell, Jackie Ibbott & Tyler Merton test for their Yellow Belts and Joseph Shaw graded to White Belt Yellow Tabs. Clare Merton was also promoted to 'Shodan-ho' (Black Belt) and joins the Academy as our Junior Instructor.

Congratulations!

If you're interested in joining the Shunryu Kenpo Karate Academy then please contact the Chief Instructor: Adam J. Merton - Kancho

Call: 01487 832218 or 07595 255147

Your first lesson is free, so what have you got to lose?



Public Classes: Thursdays 7pm - 8pm Juniors (7-15)
8pm - 9pm Seniors (16-Adults)

Seniors encouraged to attend both sessions.



俊隆館拳法



Tang Soo Do Karate and Kickboxing

Members of the Dragon Black Belt Academy International and the European Tang Soo Do Federation. **Over 30 years in the Martial Arts.**

New Students now receive free beginners classes contact for details.

New Instructors Clive Johnston - Orkney

Videos and Photos

Add me "**Mark Adlington**" as a friend on **Facebook** and see videos, pictures and information in the "Notes" section. Tang Soo Do forms and techniques now on Facebook and YouTube FREE to SEE! For YouTube "Grandmasterki".

Students now receive a free CD manual with videos and information about the specialized techniques of the academy. DBBAI members receive free seminars and a free email newsletter.

Class Information

Tuesdays Tang Soo Do Karate/Kickboxing 6pm - 7pm Sawtry Leisure Centre - 5 spaces left
Sundays Tang Soo Do Karate/Kickboxing and Haedong Kumdo 10.30 - 11.30am Sawtry Leisure Centre - 6 spaces left
Last Class for 2011 December 18th.

Recent Promotions

All Sawtry students, Black Belts and Coloured Belts, passed their latest belt test! Well done guys!

Instructor Grandmaster Mark Adlington UK rep. for DBBAI, IKA, UGTSDA & UWHKF
8th Dan Ki Do, 7th Dan Tang Soo Do, 5th Dan Haedong kumdo, 5th Dan Kickboxing

Phone 01487 830601 - tangsoodo@btinternet.com - Text 07768472384