



SAWTRY FOODBANK

Thank you to everyone who generously supports the Foodbank. With your help, the Foodbank team can continue to help local people at this time of crisis with the rise in the cost of living.

Collection points: CARESCO Centre, CARESCO Charity Shop
local churches and the Sawtry Co-op Foodstore

SHOPPING LIST

- **Tinned:** Fruit / rice pudding / custard
- **Tinned:** Potatoes / vegetables
- **Tinned** Tomatoes
- Teabags
- Instant coffee
- Long life milk
- Long life fruit juice
- Squash
- **Tinned:** Hot / cold meats or fish
- **Tinned** Spaghetti / baked beans
- Pasta sauces
- Rice
- Crackers
- Biscuits
- Jam
- Cereal

Extras..... We can also use donations of toiletries such as toothpaste or shampoo, nappies for young children and tinned or dried pet foods.

A few do's and don'ts.....

*Donations need to be well in date please. We **can't** accept fresh, frozen, chilled or home-made items or any alcohol*



The Queen's Award
for Voluntary Service

CARESCO

meeting needs in our local community

THANK YOU FOR YOUR SUPPORT