

***Have you thought
about becoming a
volunteer with the
Vintage Club?***

We need you....

***to become a volunteer and help the team to provide a
regular day of friendship, food and fun for our club
members***

Do you like helping people?

Have a few hours to spare?

Want to meet new people?

You could be just who we are looking for to help us

NB Disclosure & Barring Service checks required

***If you can help us provide this valuable service to local
people, please call us on***

01487 832105

LC Feb19

***Vintage
Club***

01487 832105

***Based at The CARESCO Centre,
Off Green End Road,
Sawtry Cambs PE28 5UX***

www.caresco.org.uk

What is The Vintage Club?

CARESCO's Vintage Club aims to bring together members of our community looking for a regular day of friendship, food and fun, but who may not have the means to get out by themselves. The team are able to offer a basic level of care in a safe environment where people can find company, activity and assistance where needed.

How does it work?

We meet on Wednesdays and Thursdays from 9.30am – 2.30pm at The CARESCO Centre in Sawtry. Members are offered transport to the Centre using a dedicated mini-bus with tail lift, while some choose to make their own way into our Centre. Arrival times can be flexible.

Drinks are available throughout the day and there is a freshly prepared two course meal at mid-day.

The activities we provide include: crafts, quizzes, bingo, raffles, outside entertainment and luncheon outings.

We can accept referrals from individuals, family members, or partner agencies in the local area such as GPs

About CARESCO

CARESCO is a Sawtry-based charity here to serve the local community. There are a range of activities that currently come under the CARESCO umbrella including the Alconbury Thursday Club, the Vintage Club, the Friendship Club, the Sawtry Car Scheme and the Sawtry Eye magazine. For more details please ask or visit our website.

Our purpose built Centre is fully accessible and is sited off road with plenty of parking available.

How much does it cost?

There is an attendance fee of £8.50 per session to help cover the running costs of providing the service including refreshments, lunch and transport.

How can I find out more?

Call the CARESCO office on:

01487 832105

to:

- Learn more about the Vintage Club and how it can help you**
- Refer yourself to the Vintage Club**
- Refer someone known to you**

If possible, please telephone on Wednesdays or Thursdays between 9.00am and 12 noon and ask to speak to a member of staff, or leave a message along with your contact details so that we can get back to you.

Alternatively you can email:

office@caresco.org.uk

Or visit:

www.caresco.org.uk