

Background

CARESCO was founded in 1982 as a community response to save a day centre and a lunch club both threatened with closure. The charity has now evolved to include a range of activities serving needs within the local area.

In 2001 the organisation moved into a purpose built Centre funded by the Lottery and bringing under one roof the majority of these activities.

Since then CARESCO has continued to thrive, seeking incorporation in 2011 and continuing to find new areas of need and ways to meet them within the local community.

CARESCO has always been dependent on local people willing to volunteer their time and to get involved. Why don't you come and get involved?

Funding

The income to fund our work comes from a number of sources. Some of our services charge a modest attendance fee to help towards the costs, we also receive grant aid from Cambs County Council with smaller donations from other organisations such as local parish councils and community groups. In addition generous donations come from both individuals and families, for which we are grateful and which boost our own ongoing fundraising both through our charity shop and also via a programme of activities and events.

If you would like to know more about the various ways you could offer us financial support, please contact us.

*For more information, check out our website at
www.caresco.org.uk*

Charity No. 1140728 Company No. 7513432

LC Feb16



Introducing CARESCO

We are here to serve the local community. We run a range of services for the benefit of local people thanks to a large team of volunteers from the surrounding area.

***Based at The CARESCO Centre,
Off Green End Road,
Sawtry Cambs PE28 5UX***

01487 832105

office@caresco.org.uk

www.caresco.org.uk

Current Activities

We run a range of activities under the CARESCO umbrella (all based in the CARESCO Centre unless otherwise stated):

- **Alconbury Thursday Club** 9.30am – 2.30pm
at Alconbury Sports & Social Club
A day away from home with activities and a meal
- **Charity Shop** Mon – Fri 9am – 4.30pm
7 Greenways Sat 9am – 12.30pm
Fundraising by recycling
- **Chatterbox** 2nd Mon 2 – 4pm
Support group for Carers
- **Christmas Day Party** 12.30 – 4pm
A celebration for those who would otherwise be alone
- **Coffee Shop** Fri 9am – 11.30am
Space to share a cuppa & cake with friends
- **Friendship Club** Mon & Tues 10.30am – 1.30pm
Sharing a meal together in a friendly & supportive group
- **Printshop** Mon – Fri 9am – 12noon
Low-cost basic printing service for local groups
- **Sawtry Car Scheme** Mon – Fri As required
Volunteers drivers providing transport for local people
- **Sawtry Eye** Feb, April, June, Aug, Oct, Dec
Village magazine offering local news for local people
- **Sawtry Food Bank** Tues & Fri 3.30 – 5.30pm
Providing emergency food for local people in crisis in partnership with local Churches
- **Sounds Good** 2nd & 4th Fri 1.30 – 3pm
Social group who enjoy music & the spoken word
- **Vintage Club** Wed & Thurs 9.30am – 2.30pm
A day away from home with activities and a meal

Volunteering

All our services are dependent on a large team of volunteers who give freely of their time to help and support others from within their own community. There are a wide range of opportunities for volunteers, so whatever time and skills you have to offer, we can usually find a place for you within CARESCO.

These opportunities can range from driving to making a cuppa, washing up to serving shop customers, chatting with service users to helping to manage the whole organisation.

Our trustees are able to use their specific skills in management, accounting, PR, advertising, maintenance and so on to take on oversight of the organisation as a whole, making strategic decisions and ensuring that everything is done to the highest standard possible to help move CARESCO forward.

If you would like more information about how you can get involved, please contact our Volunteers Manager on

07751 798287

Find out more about CARESCO by

Calling the CARESCO office on:

01487 832105

Emailing us at:

office@caresco.org.uk

Or visiting our website at:

www.caresco.org.uk