

MEET THE REST OF THE FAMILY



CHARITY SHOP
Fundraising by recycling

THE CAVE
All about social connections, sharing skills & building friendships

CHATTERBOX
Support, a listening ear & advise for carers

CAR SCHEME
Volunteer drivers providing transport for local people

GREEN END DAY CLUB
Providing fun, friendship & good food to it's members

COFFEE SHOP
Share a cuppa & cake with friends

COMMUNITY SUPPORT
Co-ordinating everyday errands for local people

CARESCO
meeting needs in our local community

VOLUNTEERING
Helping CARESCO to support our local community

CHRISTMAS DAY PARTY
Food, fun & festive celebrations

FUNDRAISING
Help us help others

SOUNDS GOOD
A social group who enjoy music & the spoken word

SAWTRY FOODBANK
Providing emergency food for local people in crisis

SAWTRY EYE
Village magazine offering local news for local people

CHATTERBOX

Our support group for family carers

Open Second & Fourth

Mondays

2.15 to 4.15pm

**At the CARESCO Centre,
Off Green End Road,
Sawtry Cambs PE28 5UX**

ABOUT CARESCO

CARESCO is here to serve the community in and around the village of Sawtry in Cambridgeshire. We run a range of services for the benefit of local people thanks to our wonderful team of volunteers from the surrounding area.

Most of our activities run from our purpose-built Centre in the middle of the village, unless otherwise specified.

As a charity, CARESCO is managed by a team of trustees who have oversight of the organisation, which they delegate on a day-to-day basis to the team of paid staff members.

Funding comes from a range of sources including our own fundraising, grants, donations and fees.

CONTACT

Find out more about CARESCO by

Visiting our website at:

www.caresco.org.uk

Emailing us at:

office@caresco.org.uk

Or calling the CARESCO office on:

01487 832105

Charity No. 1140728

Company No. 7513432

WHAT IS CHATTERBOX?

Chatterbox aims to bring together local family carers and those they care for mutual support, advice and encouragement.

HOW DOES IT WORK?

We meet on the second and fourth Mondays each month from 2.15 to 4.15pm at the CARESCO Centre to chat and socialise over a cuppa.

If you care for a family member or friend and are looking for support or someone to talk to, then come along and meet other family carers. Carers are welcome to come on their own or with the person they care for.

Session themes vary, but include entertainment, talks, information sharing and visits by relevant professionals who can offer one-to-one help and support.

HOW MUCH DOES IT COST?

There is no set charge to attend, though donations are welcome to help towards the running costs of providing the service including refreshments.

HOW CAN I FIND OUT MORE?

Call the CARESCO office on:

01487 832105

or email them at

office@caresco.org.uk