

How can you help?

What is CARESCO?

CARESCO was originally founded in 1982 – charity number 288202. In the 1970's a number of community groups were set up in the village, including a Day Centre for the elderly, held at Sawtry Community College and a Lunch Club where people could prepare and share a meal together, held in the Homecraft Centre. After a few years, the original organisers had to move on, so rather than losing these groups, a steering committee was formed, and CARESCO (Sawtry & District Care & Resource Organisation) was born.

In February 2001, CARESCO moved out of the rundown Homecraft Centre and into purpose-built facilities paid for by local fundraising and a grant from the National Lotteries Charities Board. The CARESCO Centre provides a much more suitable base for most of the wide range of projects that come under the CARESCO umbrella.

In April 2011, reflecting the success of the organisation over the years, CARESCO became a charitable company with all the legal protection & obligations that come with incorporation.

How can you help?

CARESCO's Aims

To advance any charitable purposes for the benefit of the community of Sawtry and satellite villages, and in particular the relief of persons in need within the area of benefit devising means to meet those needs, with the help of volunteers, and to enlist the backing and co-operation of the statutory services and existing voluntary organisations and any other medium.

For further information contact

CARESCO Centre
Green End Road
Sawtry
Huntingdon, Cambs. PE28 5UX

Telephone: 01487 832105

E-mail: office@caresco.org.uk

Website: www.caresco.org.uk

Office Open
Monday - Friday
9.00 am - 12.00 noon

Printed by CARESCO Printshop

Charity No. 1140728
Company No. 7513432



How can you help?

CARESCO is a Sawtry based charity, managed by trustees, and run with a small number of paid staff with a large team of volunteers.

We run a range of activities for local people in Sawtry & the surrounding area. There are many different tasks, which need to be done in order for our activities to run.

Can you help us?

We can use you and your skills as little or as much as you have the time to spare, a few hours a week or one day a year.

Please consider getting involved in our valuable work in your local community and make a real difference.

Speak to a member of the CARESCO team for more information.

How can you help?

About CARESCO

CARESCO is an umbrella organisation which co-ordinates:-

- **Friendship Club** on Mondays & Tuesdays
- **Vintage Club** on Wednesdays & Thursdays
- **Alconbury Thursday Club**
- **Coffee Shop** on Friday mornings.
- Community **Printshop** open weekday mornings.
- The **Sawtry Car Scheme**.
- The CARESCO **Charity Shop** open Monday to Friday and Saturday mornings
- **Christmas Day Party**
- CARESCO also edits & produces the bi-monthly **Sawtry Eye** magazine.

All of these projects are run with the help of volunteers supported by CARESCO staff.

NB Some positions will require volunteers to have an enhanced DBS check.

How can you help?

What can you do?

Can you help with any of the following?

- Having a cuppa and a chat with Vintage Club or Thursday Club members.
- Baking a cake and / or helping out for the Coffee Shop.
- Sorting stock or serving customers at the Charity Shop
- Collating & stapling pages for the Sawtry Eye.
- Becoming a trustee on the Management Committee.
- Supporting or organising fundraising events.
- Becoming a volunteer driver for the Car Scheme.
- Getting involved with the Christmas Day party
- Doing the washing up after lunch at the Vintage Club.
- Pushing someone in a wheel chair for outings.
- Joining the *Friends of CARESCO*.
- Including CARESCO in your will.
- And so on

Whatever you can do, we can use you. Please contact the Office to find out more – see contact details over.

How can you help?

Where does the money come from?

- A third of CARESCO's funding comes from Cambridgeshire County Council for the provision of day care
- Local Parish Councils also give grants to support the work.
- The Printshop, Coffee Shop, and the charity shop all raise funds for CARESCO.
- Fundraising organised either by CARESCO or by others on CARESCO's behalf
- Attendance fees from service users
- Donations from people who have benefited from the work of CARESCO and from their family and friends
- Support from members of *Friends of CARESCO*
- Funeral collections or legacies.

As a Charity, CARESCO has to rely on gifts and fundraising in order to be able to cover costs.

All donations are gratefully received. Please make cheques payable to '**CARESCO Ltd**'.