



**(Sawtry & District Care and
Resource Organisation)**

Annual Report 2010 – 2011

Registered Charity Number 288202

The **CARESCO** Centre, Green End Road, Sawtry,
Huntingdon, Cambridgeshire, PE28 5UX
Telephone: 01487 832105 E-mail: office@caresco.org.uk
Website www.caresco.org.uk

www.caresco.org.uk

To find out more about the work of *CARESCO*, please visit our website where you can learn about the history of the charity, what we do and see our calendar of events.

You can read past annual reports and our current leaflets, see details of our activities and find out ways to support us both by volunteering and financially.

The Sawtry Eye magazine (including a catalogue of back issues) is also available to download.

Our grateful thanks to Webshepherd for all his help in maintaining the site.



Will
you be
our
Friend?

Management Committee 2010 – 2011

Life President Marjorie Dybeck

Officers:

Chairman	Barry Dupée
Hon. Secretary	David Whitney
Hon. Treasurer	Linda Rathbone

Elected Members* **:

Loretta Ball; Barry Dupée, John Garner;
Adrienne Holt; Sarah James; Sheila Lloyd++;
Angela Newell; Tim Newell; Liz Poole;
Linda Rathbone; David Whitney; Jacqui Whitney

Observers Representing:

Sawtry Parish Council	Amanda Burridge
Sawtry Parish Council	Janet Spencer

CARESCO Project Staff (ex officio) Non-voting



++ Retired mid-year

* Trustees are appointed or reappointed annually at the Annual General Meeting held in September.

** All trustees give their time voluntarily and receive no remuneration or other benefits.

Welcome to our Annual Report

1st April 2010 to 31st March 2011



For information on anything
in this Annual Report,
please contact
The **CARESCO** Office

Monday - Friday
9am - 12 noon

On **01487 832105**

E-mail [**office@caresco.org.uk**](mailto:office@caresco.org.uk)

Or visit our website at
[**www.caresco.org.uk**](http://www.caresco.org.uk)

This report is for you if you live in.....

Alconbury	Folksworth	Morborne
Alconbury Weston	Glatton	Old Weston
Brington	Great Gidding	Sawtry
Buckworth	Hamerton	Steeple
Caldecote	Holme	Gidding
Catsworth	Keyston	Stilton
Conington	Leighton Bromswold	Upton
Coppingford	Little Gidding	Winwick
Denton	Molesworth	

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Published by **CARESCO** August 2011

Printed by **CARESCO** Printshop.

College for All ***The Foundations*** ***Sawtry Village College*** ***1963 – 1984***

Published 2010

Written by Maurice Dybeck

In 1963, some said that Sawtry was in the middle of nowhere. Over the next twenty years its Village College became a centre for a thriving community of people of all ages from surrounding villages and beyond.

Married to Marjorie, the President of **CARESCO**, the first Warden Maurice Dybeck gives an interesting insight into how **CARESCO** came into being working closely with the College.

College for All traces the school's growth, its triumphs and traumas, as seen through the eyes of the Warden.

College for All is illustrated throughout and contains full lists of Staff and Governors, and offprints of articles written for national journals. Two films on DVD made in 1977 bring to life many activities within school and community.

College for All is 190 pages, fully illustrated and includes a 50 minute DVD (with footage of the original day centre).

Available from Sawtry Community College,
Fen Lane, Sawtry, Huntingdon, PE28 5TQ

Price £10 (plus £3 post & packing)

To order by post, please apply in writing including name, address and post code along with a cheque made payable to 'FOSCC' (Friends of Sawtry Community College).

The Beginning

CARESCO is a registered charity founded in 1982. In the mid-1970s a number of community groups were set up in the village, including a day centre for the elderly, held at Sawtry Village College and a lunch club where people could prepare and share a meal together, held in the Homecraft Centre. After a few years, the original organisers had to move on and, rather than losing these groups, a steering committee was formed and **CARESCO** was born.

Over the years a variety of projects have been brought under the **CARESCO** umbrella, each run by paid staff and supported by teams of volunteers; working together with local authorities and other voluntary organisations towards a stronger, more caring community.

In 2001 **CARESCO** moved into an all new purpose built modular building funded by a grant from the National Lottery bringing most of the projects under one roof.



Have you got a

CARESCO

Home collecting box?

Perfect for your small (or large) change

Pick one up from the office

or call 01487 832105



Introduction

Objects: The Charity's objects are to advance any charitable purposes for the benefit of the Community of Sawtry and satellite villages, in the County of Cambridgeshire and in particular the relief of persons in need within the area of benefit.

(Taken from the Constitution adopted 29th January 2003)

Aims: To identify welfare needs of individuals and groups in Sawtry and its satellite villages, devising means to meet those needs, with the help of volunteers, and to enlist the backing and co-operation of the statutory services and existing voluntary organisations and any other medium.

Activities: The main focus of our activities continues to be to provide day care for the elderly, housebound and socially isolated within Sawtry and the surrounding area. We have also continued our on-going low-cost community print service, editing the village magazine, hosting a weekly café and second-hand clothes shop and also working in partnership with the village car scheme.

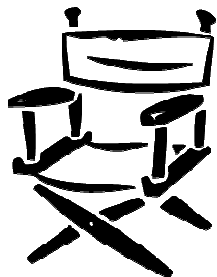
All our activities are co-ordinated by a small team of paid staff who are supported by a large number of volunteers, without whose time, energy and skills none of our work would be possible. We aim to ensure that the sole qualification for volunteer recruitment shall be the suitability to perform the required task.

We welcome day care clients from within our geographical area regardless of background, gender, or faith. The only restriction being our ability to cope with their care needs. The day care activities charge clients a modest fee for attendance to help towards our running costs while ensuring no one is excluded by price.

The printing service is available to individuals and community groups, while the café and clothes shop are open to all.

Chairman's Report

What a year! Where do I begin? This is my first Chairman's Report and the last Annual General meeting of **CARESCO** Registered Charity Number 288202. All future meetings will be as **CARESCO** Ltd Charity Number 1140728. This has meant changing all the paperwork and bank accounts to the new charity but also gives an opportunity to streamline some of the many accounts which have grown over the years.



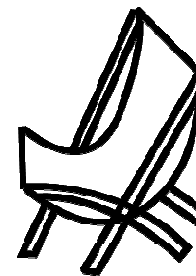
The biggest building project since the original **CARESCO** construction, also took place this year. The revamped kitchen. This was a real team effort, from the fund-raising through to the installation. I cannot thank enough all those involved. And of course the work had to be completed over the Christmas period to ensure the minimum of disruption to the every day running of the **CARESCO** clubs. A truly magnificent effort. Unfortunately the 'Scores on the Doors' scheme only goes up to five stars, so we can't get any more. The next major project is likely to be a wet room, so get your fund-raising ideas flowing.

Regrettably we have lost three Trustees this year. Dave Baldry, who had been a trustee for many years and continues to support **CARESCO** by ensuring compliance with the fire regulations. Although many people think he just enjoys getting everyone to leave the building in the rain. Sheila Lloyd's fund-raising abilities will be sorely missed. Finally Barbara Watson, who had only joined earlier in the year. We also gained a Trustee, John Walton, whose skill with the hammer, plus other tools, greatly assisted in the kitchen project. Since then John has moved from the area and so unfortunately we have lost his skills.

Recruiting new club members remains a problem. So many people who do finally join say that they wish they had come earlier, but despite all our best efforts at publicity, both in Sawtry and Alconbury, we struggle to get them through the doors. Any ideas on this would be greatly appreciated.

CARESCO Centre

Unbelievably February this year saw the tenth anniversary of our move into the **CARESCO** Centre and what a year it has been. Firstly and most importantly the kitchen has been successfully completely re-fitted, including moving an internal wall to increase its size. The finished job looks amazing and has been proudly shown off to anyone who came into the building. There are now two sections, one for the serious business of food preparation which is all stainless steel while the other end looks more like a conventional kitchen and is used for making drinks and washing up.



Our thanks to the team of trustees who gave up their time over Christmas to get the job done, especially Tim, David and John, and to their wives who had to cope without them. Thanks also to those who cleared up after them, especially Angela, Pat & Lyn.

The whole job was paid for by external grants successfully applied for by another trustee, Jacqui, and came in under budget enabling us to also replace the flooring and to update some additional catering equipment not originally anticipated.

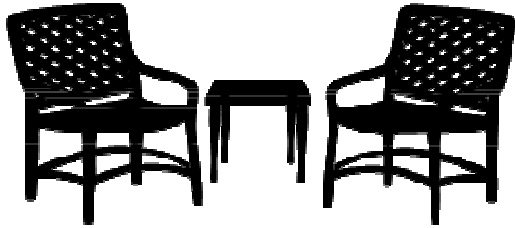
The exterior of the **CARESCO** Centre has also been smartened up by replacing the sign on the front with a metal version as the original wooden one was suffering after ten years of British weather. And one of our volunteers, Keith, was kind enough to clean up and repaint the cages around the external air conditioning units which now look so much better.

The garden continues to mature and grow, looked after by a team of volunteers including John, Bill, Peter and Keith keeping us looking neat and providing a pleasant area at the back of the Centre for our users should the weather ever be warm enough.

Thanks as always to everyone who lends a hand particularly Tim Newell, Barry Dupée, David Whitney, John Walton, Bill Allport, John Thompson and Keith Shelton.

Friends of CARESCO

Aims: To form a group of supporters who wish to be more informed about the work of CARESCO while offering some additional commitment, both financial and in kind.



The Friends are a small and select group of dedicated people who pay an annual membership fee to show their support and in return receive regular updates on the happenings at CARESCO.

It is always good to have friends and at CARESCO it is no different. The more friends we have the better, a support base which can be used as a sounding board for ideas, a source of suggestions and as encouragement for the staff and trustees.

Friends of CARESCO have no obligations once members, but are welcome to make any contributions they feel able to make to the organisation. Skills, talents and time are all of use and are very welcome to help make CARESCO a stronger and more secure organisation, better able to provide much needed services to the local community in and around Sawtry.

Please consider becoming a Friend and making your contribution to this amazing charity. Membership forms can be picked up from the CARESCO Centre or downloaded from the website.

Liz Coates

We are always looking for new volunteers

Do you have time on your hands?

Would you like to be part of our team?

Please get in touch and find out more.

Looking forward to next year, it will be a busy start finalising the setting up of the new CARESCO status. It will also be a difficult year financially as we know that Cambridgeshire County Council will reduce our funding by 3%. Fortunately, apart from our own in-house fund-raisers, we have many organisations who select us as the charity for their fund-raising. There are now so many that it is difficult to list them, but I must thank them all for their continued support.

Having looked at previous reports, they always end by thanking the many people that make CARESCO the success it is. This report will be no different. The staff, volunteers, trustees, fund-raisers, friends and the members are all vital to CARESCO continuing to support the local community. Thank you all.

Barry Dupée

Manager's Report



It has been an amazing year with so much work being done in preparation for changing the legal status of our organisation along side the usual day-to-day tasks and the ongoing fundraising.

Thanks to the knowledge and skills of our trustees it has been a reasonably smooth transition to becoming a charitable company and CARESCO will be all the stronger for the change over. At the same time, from outside the organisation our services will appear essentially unchanged as we continue to mainly focus on providing day care for the elderly, housebound and socially isolated in our local community.

The behind the scenes transformation of CARESCO has meant working through the many procedures and policies that are already in place as well as writing a few additional ones to cover our new way of working. These along with completely changing the way the accounts and banking are done has needed a lot of support and initiative from Barry & Linda our current Chairman

and Treasurer and we are grateful for their guidance and expertise as we have worked through the process together. Thanks also to our accounts manager, Marina for coping so well with this major change in the way she runs our accounts.

With **CARESCO** on the verge of this new development it is perhaps time to look back and remember where the organisation has come from. We still have the original attendance sheet for the inaugural meeting of the 'Sawtry Welfare Committee' on 15th September 1982 which includes the signatures of many well known local people together with representatives from Sawtry & neighbouring parish councils, district and county councils, the churches and the village college some of whom continue to be involved to this day.

According to our President, Marjorie Dybeck's fascinating book *The Story of CARESCO* published in 1998, this meeting was quickly followed by an open meeting in the December when the Sawtry & District Care and Resource Organisation (affectionately known as **CARESCO**) was formed, a constitution agreed and the first committee appointed. The following April, the pre-existing Sawtry Day Centre and the Lunch Club were adopted by **CARESCO**, and in 1984 an additional day centre was started in Alconbury, all projects which are still running today.

Over the years other projects were also taken on by **CARESCO**, such as the Printshop and the Sawtry Eye, bringing them under the same umbrella while some projects have come and gone like the Special Playscheme and Swimming Therapy. Still other projects have come into being, like the Coffee Shop and Nearly New as **CARESCO** developed organically, responding to needs in the local community.

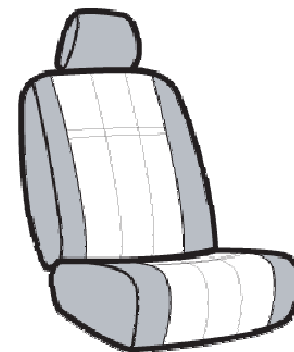
Most of these projects have dedicated staff who are supported by a hard working team of volunteers to run them day-to-day.

29 years since our formation and what a long way we have come over that time. We now have an impressive range of activities under the **CARESCO** umbrella, and of course back in 2001 we moved from our original base, the old and falling down

Sawtry Village Car Scheme

Aims: To provide a community transport scheme for anyone who has difficulty using public transport.

The car scheme continues to provide a fabulous service to people in our community who have need for them. Managed by Nene & Ouse Community Transport in Thrapston, the volunteer drivers are all local offering their time and skills to those who need a lift. Passengers must be members, paying an annual fee (currently £15), which then also entitles them to use the other Ring & Ride services run by N&OCT.



Having booked in advance, passengers pay the drivers direct on the day, the cost being based on the mileage from the driver's home and back, charging 45p per mile with a minimum fee of £2. Journeys can be any distance as long as a driver can be found who is available and willing to drive.

Our grateful thanks to the wonderful team of volunteer drivers who help to provide this service and to the folk at N&OCT who co-ordinate and answer the phones. **CARESCO** plays a very small part these days in the car scheme, but continues to be the local contact point for enquiries and helps with local publicity through the Sawtry Eye along with other means.

For more information of the service on offer pick up a leaflet from **CARESCO** or call N&OCT on **01832 733336** and ask about the Sawtry Car Scheme. Alternatively visit www.neneouse.co.uk

and find out more about the services they offer.

Liz Coates



Coffee Shop

Venue: CARESCO Centre
When: Friday, 9am – 11.30am
(9.45am - 11.30am during holiday periods)
Waitresses: Mavis Atter, Mary Creaney, Daphne Bacon,
Ann Daniels, Margaret Geary, Adrienne Holt;
Wendy Hunt, Angela Newell, Maureen Urwin,
Maureen Westbrook

Aims: To provide somewhere for people to meet up with old friends and to get to know new friends while raising funds for CARESCO's running costs.

It has been another successful year in the Coffee Shop, raising over £1400 for CARESCO funds to help continue to provide our valued services while enjoying some lovely home-made cake and chat. A lot of people come into the Centre on Friday mornings for company, to make new friends and to catch up with old ones.

Despite the opening of a new cafe in the village which caused some concerns, the Coffee Shop has not seemed to have lost many customers and new ones appear all the time. Operating alongside the Nearly New during term time also brings in extra people looking for bargains.

As always we have to thank our wonderful team of waitresses who appear early Friday morning, often bringing in fresh home-made cakes to sell. Their unfailing cheerfulness and ability to cope with whatever happens makes Friday mornings a pleasure.

Our thanks also of course to the customers who make their way in each week whatever the weather. We can have folk in aged anything from 0 to 90+ years old over a single morning, something of which we can be proud.



Liz Coates

Homecraft Centre into our purpose built CARESCO Centre, funded by the Lottery.

So many people have been involved with our organisation over those intervening years, service users, volunteers, trustees, staff, supporters and professionals from other organisations, statutory and otherwise, far too many to name here, but these people have made CARESCO what it is today. In fact, CARESCO is the people and without everyone's contributions in time, effort, skills, knowledge and general willingness to get stuck in over the years we would not be in a position to be able to move forward as CARESCO Ltd. My grateful thanks to all, both those who are part of this amazing organisation today, and to those who have played their part over the years.

Here's to the next new adventure.

Liz Coates

Alconbury Thursday Club

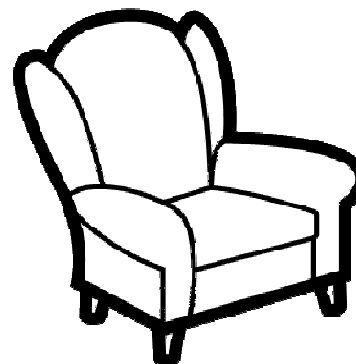
Organiser: Jennie Holme
Deputy: Jean Kendall
Treasurer: Jean Kendall
Venue: Alconbury Sports & Social Club
When: 9.45 am - 2.30 pm

Aims: A day out for the housebound and socially isolated and a break for those who care for them.

Membership: 21

Volunteers: 12

Our membership remains at 21. One or two people have joined for a short time, but due to ill health have not remained with us for long. Sybil Faulkner who joined the club in its early days has had to resign as her health has deteriorated.



We have had our usual variety of activities in the afternoon, including sing-alongs with John Newman, card games, quizzes etc. Edinburgh Wool visited before Christmas and 'Senior Clothing' in May. As usual we held a service on Maundy Thursday and a Harvest Festival in September.

We were lucky enough to receive over £400 from the Waitrose Community Fund. This money together with a donation we had received from Beryl Mann's family allowed us to treat the members to a lunch at The Admiral Wells at Holme. Other outings included a trip to Springfields and a mystery tour with lunch at the Queen Adelaide near Royston. We are currently looking forward to a return trip to the Wyvale Garden Centre at Crowland.

It was with sadness we said goodbye to one of our volunteer helpers who has resigned due to ill health. Lesley Richardson served the club in many ways for 13+ years. She was wonderful at thinking of new ways to entertain the members with her theme days. The members all miss her and the service she provided by fulfilling their orders for fruit and vegetables. We hope her health improves as quickly as possible.

Looking forward, from 1 September 2011, we will have a new Deputy. Mary Watkin who is well known in the village, will be taking over from Jean Kendall. Jean will still act as Treasurer for a few more months. Jean has been a wonderful support since she took over from Daphne Durston in 2007 and I certainly would not have managed to run the club without her.

We are lucky to have a pool of marvellous helpers and I would like to thank them all for their support and hard work throughout the year.

Jennie Holme

New to You at Nearly New

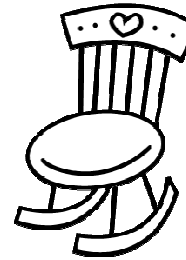
Manager: Nicole Thynne

Venue: **CARESCO** Centre

When: Friday, 9-11.30am (Term Time only)

Helpers: Clair Adamson; Gill Hussey; Eileen Shearer

Aims: *To provide a point of sale for good second-hand clothes, toys & household goods either sold on behalf of the customer (40% of price goes to **CARESCO**) or donated.*



Nearly New has been extremely busy over the last year. We have had quite a few new customers and have not lost as much business as we were expecting once Tilly's Coffee Shop opened. Donations have also been up on previous years which has been fantastic for the profits.

Once again leaflets were distributed to both the Infant and Junior Schools as well as the Sure Start Centre and items of lost property are regularly brought in to sell on behalf of the Junior School/**CARESCO**. Leaflets detailing the Conditions of Acceptance were also handed to every customer as a reminder to collect their takings and property if it hadn't sold.

We have been extremely busy pricing and sorting the clothing rails and household items table. The 'last chance' sale table has once again been very popular before items are returned to customers or passed onto another charity. The collection of customer details so that we could contact them if need be has been a success therefore leaving the storage cupboard emptier of returned items than in previous years.

I would really like to thank my wonderful volunteers Clair, Gill and Eileen for all their help over the last year especially for the late nights sorting and tidying. Without them I would really struggle to keep up with the influx of items.

This last year has been really profitable. May it long continue.

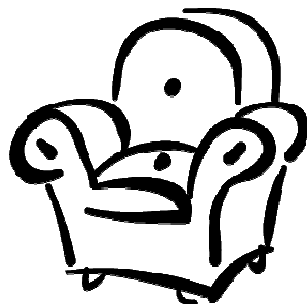
Nicole Thynne

Sawtry Eye

Editors: Liz Coates & Marina Joyce
Designers: Samantha Rees & Donna Green
Bi monthly: February, April, June, August, October & December
Distribution: Sawtry, Glatton, Conington & Upton

Aims: To edit, produce and distribute a village magazine paid for by commercial advertising.

The Sawtry Eye continues to be popular with readers and advertisers alike with issues regularly now reaching the maximum number of pages. It says much when we are having to edit down submissions to be able to fit everything in. Every issue Sam manages to perform another miracle and squeezes in “just one more” item.



The magazine is truly a team effort with Marina & Donna putting together the adverts which are then printed and collated by the Printshop volunteers, followed a week later by Liz and Sam working on the news section. Once all the news pages have been printed, they are also collated, put together with the adverts then stapled, all by volunteers. There is something quite daunting in the stacks of paper waiting for a team to come in and start. We currently print 2600 copies per issue and that's a lot of paper.

Once put together, the completed copies are distributed to our hard working team of deliverers who then put one through every letterbox on their route.

Our thanks as always to everyone involved from contributors to designers, collators to deliverers, and especially to our loyal advertisers whose support makes the whole thing possible.

Liz Coates & Marina Joyce

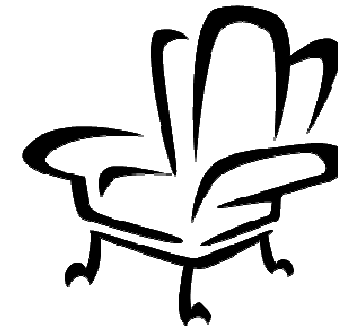
Sawtry Day Centre

Organiser: Pat Ayres
Deputy: Gill Robinson
Cook: Lyn Wallis
Venue: CARESCO Centre
When: Wednesday & Thursday, 10am–3pm
Volunteers: Derek Dolling, Betty Endicott, Marjorie Foster, Margaret Geary, Diana Karasova, Mavis Smith, Pat Thomson, Doreen Walker and Maureen Westbrook.

Aims: A day out for the housebound and socially isolated and a break for those who care for them.

Membership: Wednesday - 15 Thursday - 17

It is now 15 months since I took over as organiser of the Day Centre and I have enjoyed the role immensely. There have been some lows and a lot of highs. In November one of our longest serving members Mary Waddingham became ill and after a short stay in hospital sadly passed away. Since Christmas, Margaret Chance and Tom Branson also have passed away. On a more positive note we have four new members who are settling in well.



During the last year we have had six outings to different venues. Angela and Tim Newell once again hosted a lunch at their home. Thanks to Gill for organising a variety of visiting speakers which included Wood Green, Sawtry History Society and a talk by Tilly a fisherman's daughter. Sheila Harland has been twice demonstrating flower arranging and then kindly raffled the finished displays. Some members continue to knit dishcloths and others have been making cards both of which sold well at the Sawtry Carnival.

We continue to have our Chocolate Bingo on Wednesday afternoons which produces much hilarity plus we hold a small raffle on both days. Members are encouraged to do chair exercises on both mornings led by John Thomson. I continue to run the once a month Friday evening bingo with the help of Lyn Wallis and Pat Thomson, this raises on average £100 each time. This along with the weekly raffle goes into the members' social fund which subsidises our trips out.

I would like to extend thanks to all our volunteers, also to Terry Watkins our music man, Lyn our cook who continues to provide the meals for our members, Mel our driver and special thanks to Bill Allport for the maintenance of our wheelchairs and all those other tasks he performs so willingly.

We do have room for more members, also new volunteers will be made most welcome even if it's only to pop in for a cup of tea and a chat.

Pat Ayres

Lunch Club

Organiser: Lyn Wallis
Deputy: Pat Ayres
Venue: **CARESCO** Centre
When: Monday & Tuesday, 10am–1.30pm

Aims: To provide the members with the opportunity to work together to prepare and enjoy a meal.

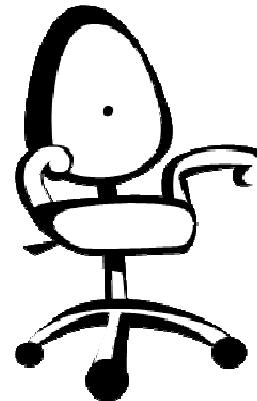
Membership: Monday - 11 Tuesday - 11

Lunch Club, what are we about? Sharing, helping each other within a supportive and caring environment. We also enjoy a two-course meal which is freshly prepared and cooked by the organiser and deputy, then at the end of the meal we all decide

Printshop

Manager: Marina Joyce
Venue: **CARESCO** Centre
When: Monday-Friday,
9-12 noon

Aims: To provide a low-cost printing service for community groups, e.g. village magazines, programmes & newsletters.



In the last year we have been very busy with all the regular printing jobs which include: Sawtry Eye, Stilton Scan, and Eye Scan village magazines, Hunts RSPB newsletter, Brockley Central Old Scholars newsletter, Sawtry Parish Council annual report, Fenstanton Sports programme and Gt. Stukeley Flower Show schedule.

During the year we have purchased a new stapler which replaced one of the old ones, so if needed we have 3 staplers available which can be very useful when

we are busy.

We had our annual buffet lunch in December as a thank you for all the Printshop volunteers who help throughout the year, I understand everyone enjoyed themselves.

I would like to say thank you to all the volunteers who have come in to fold, collate and staple, without whom the Printshop could not provide a service. We have had a few new volunteers this year for which we are grateful, the more there are on the team makes less work for everyone.

If you know of anyone who would like to help at the Printshop please phone **CARESCO** on 832105 or call into the office between 9 - 12 weekdays to find out more.

Marina Joyce

has been sorely missed. At her funeral there was a note beside the collecting plate at the door which read "Donations are in support of Sawtry **CARESCO** who did so much to provide Mary Queen with warmth and friendship and she enjoyed the food!". The family generously donated the £220 collected in her memory.

In August the staff at The Bell, Sawtry ran a 5-a-side competition and donated over £130 while the Co-op repeated their Pick up a Penny promotion, donation 1p for every till receipt collected and making £580 for **CARESCO**.

In September we received a donation via the Bowling Club of £150 then in December the Business Partnership held a quiz night raising £250. We also lost another long term regular at the Lunch Club and Day Centre volunteer, Eunice Wildey who has been much missed. Her family gave the £180 funeral collection in her memory.

After the Christmas break we received a donation of £27 from the staff at Salon 42 raised over the festive season and then in February we held another of our popular Body Shop evenings with Emma Green which raised £150.

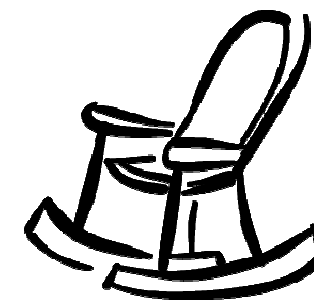
Finally the year ended in March with another first, a quiz night hosted by the Addison Arms, Glatton where people enjoyed a meal before being tested by a quiz put together by Chris & Sheila Lloyd raising £220 for **CARESCO**.

There are other ongoing activities that bring in a steady income, particularly our home collecting boxes and our counter top boxes which are located in several local shops and outlets. Our thanks to everyone who uses these for their small change, it all adds up over the year.

We truly could not continue without the ongoing efforts of our fundraising group so our thanks to Sheila, Sarah, Angela, Jacqui and Adrienne for all their hard work & inspiration. We always need ideas and team members to help with our ongoing work so please get involved and look out for posters and adverts detailing future events.

Liz Coates

the meal for the following week. We meet for a few hours every week on Mondays & Tuesdays at the **CARESCO** Centre which is easily accessible to people within Sawtry. Members of the community who would like to join us are welcome to pop in for a cuppa and a chat or you can contact me at **CARESCO** for more information about the Club. We also welcome people from local villages who are able to make their own way in.



We are very lucky to have such a Club for ladies and gentlemen who are on their own, and also for couples where one partner has to depend a little on the other. It would be nice for more people to join us, you may know someone who can benefit from Lunch Club.

We had a bonus day out in June to The Five Miles Inn, Upware by the river. The sun shone and we had a very enjoyable lunch and a nice journey there and back. Needless to say all the members had a lovely time for our annual Christmas lunch when we went to the Admiral Wells at Holme, very nice too.

Sadly Eunice Wildey, who was a long standing member at the club, unfortunately became ill and passed away. She was always a very willing helper at the Lunch Club and always supported **CARESCO** and she is sorely missed by all. I would also like to thank all the members for what they do within the Club with a special thanks to Doreen and Betty.

Last of all a big thank you to our loyal volunteer drivers who give service with a smile and much more, namely: Carole Armitage, Malcolm Jeffery, Jackie Gillis, Maureen Westbrook. Also to those who help when there are holidays or step in at the last minute Bill Allport, Alison Scott, Linda Rathbone and Barry Dupée. Finally thank you to Pat for all her support throughout the year.

Lyn Wallis

Treasurer's Report



It has been a very busy year and one in which we have seen a change in the legal status of **CARESCO** from charity to charitable company. This was achieved with a lot of support from the Trustees and staff and will, I'm sure, provide a secure foundation on which to build our future charitable efforts.

Going forward the preparation and presentation of accounts will change as we move to accrual accounting and report to both the Charity Commission and Company's House. Consequently this is the final year in which the familiar format of annual accounts will be made. I would like to thank Ron Cobley who has made a reliable, ongoing contribution in examining the annual accounts over the years.

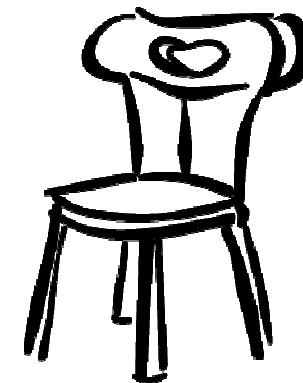
This year we did not have the benefit of £5,000 extra grant from Cambridgeshire County Council and bank interest has fallen to such a level that it no longer makes a measurable difference to our income. Recession or not, our expenses continue to rise against our falling (non-reserved) income, Fundraising was however very successful and we benefited from charitable grants of £7500 towards the new kitchen costs.

Looking forward, in the year 2011/12 we know that Cambridgeshire County Council grant will drop by 3% and we are increasingly dependent on fundraising to make ends meet. Although there is cash in the coffers and **CARESCO** is under no imminent financial threat, we do not want to lose ground gained and I would suggest that it is necessary, in addition to our usual fundraising efforts, to investigate the possibility of working in partnership with other organisations to both share fundraising activities and reduce costs.

Linda Rathbone

Fund Raising

With the gap between the grants that we receive and our running costs growing wider year on year, **CARESCO** is becoming ever more dependent on fundraising and donations. This means that each year a considerable amount of energy has to be put into organising events and applying for one off grants to cover capital expenditure. We are deeply grateful therefore to all the individuals and organisations who have made donations over the past year from their own activities.



The 2010/11 financial year started with an Afternoon Tea, now a regular event run by Lyn & Pat, two of our staff members and their team of helpers. With a second in September they raised a total of over £400, our thanks to all involved. April also saw a charity night organised by the Sawtry Small Business Partnership raising £850. The Partnership have been very supportive over the year and we appreciate all their commitment and hard work.

May was busy with our rather damp annual car boot sale (£170), the yearly Lions Safari around Grafham Water (£240) and a new event for us at the Angel Spice in Stilton where our curry night proved very popular raising £370 thanks to the hard work of Sheila & Chris Lloyd.

June is always a time of celebration in Sawtry, first with the Feast Parade & Service when the collection of £100 was donated to **CARESCO**, followed a week later by the Sawtry Carnival which just gets bigger and better thanks to the dedication of the organising committee. The ladies of the WI yet again provided cream teas from the **CARESCO** Centre, Tim & Angela Newell did their ever popular hog roast all of which along with the **CARESCO** stall itself brought in just short of £600.

Sadly, following an accident, Mary Queen a member of both the Lunch Club and Day Centre died. She was a great character and